

PAKISTAN CORONAVIRUS CIVACTS CAMPAIGN

September, 2022 - Bulletin no. 19



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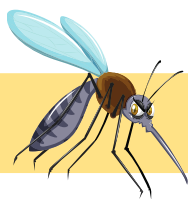
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With the continuous spread of COVID-19 in Pakistan; Accountability Lab is continuously building on its work with district governments and Community Front Liners (network of volunteers) through Coronavirus CivActs Campaign (CCC) to debunk rumours, fake news & misinformation related to COVID-19. The Coronavirus CivActs Campaign supported by the Open Society Foundation also conducts fact-checking, synthesizes data, pushes out the verified information through weekly bulletins and social media campaign for mass awareness, and gathers feedback on the COVID19 response in Pakistan. The bulletins are disseminated in five languages including English, Urdu, Pashto, Punjabi & Sindhi to reach far and wide to help citizens build resilience and fight against the pandemic. These bulletins are also shared with a range of stakeholders from the general public, to government departments, development agencies, CSOs and humanitarian networks via online and offline means.

The campaign also highlights important government decisions, information about vaccination drives, community feedback and concerns related to COVID-19. The objective of the campaign is to enhance awareness among the most vulnerable segments of the society including women, youth, ethnic and religious minorities, transgenders and persons with disabilities. In the current phase of the campaign, Accountability Lab has also engaged the local female community leaders and building their capacity through training and active civic engagement to counter-myths and disseminate facts around COVID-19 and gender issues.

MYTHBUSTERS



COVID-19 virus can be spread through mosquito bites



FACT ✓

OR

MYTH ✗

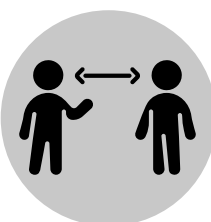
With the COVID-19 pandemic taking the world by storm, dengue-endemic areas risk growing a co-epidemic, in the form of COVID-19/dengue coinfection. With both infections causing high morbidity rates, the doubtlessly deadly consequences of coinfection are even greater, and numerous cases are emerging, extreme and moderate, displaying how commonplace it may become in certain regions.

As the hot weather of summer arrives, mosquito season reaches its peak and there's a myth spreading around that a mosquito bite can cause COVID-19. To date, there has been no evidence that indicates that the new coronavirus will be transmitted by mosquitoes.

The new coronavirus is a respiratory virus that spreads primarily through droplets generated when an infected person coughs or sneezes, or through droplets of saliva or discharge from the nose.

SOURCE: [SAN GABRIEL VALLEY MVCD](#)

PREVENTIVE MEASURES THAT CAN BE TAKEN AGAINST CORONAVIRUS (COVID-19)



Wear a mask that has two or more layers of washable, breathable fabric and covers your mouth, nose and chin. It should not be loose on the sides.

Practice physical distancing outside your home by keeping a distance of 3 feet between you and others.

Get registered for vaccination as soon as possible and follow all pre and post-vaccination guidelines.

Avoid unnecessary contact with eyes, nose and mouth as that increases chances of virus transfer.



Keep yourself and your environment clean.

If you fall sick, stay at home and contact a healthcare provider.

Avoid unnecessary outdoor socialising and spending time in crowded spaces

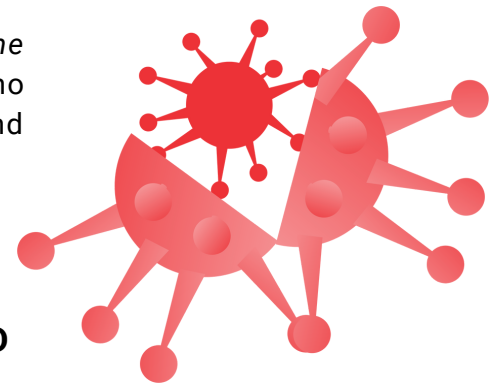
MOST PEOPLE WITH OMICRON DON'T EVEN KNOW THAT THEY ARE INFECTED

Most people with Omicron likely don't know it. That's in keeping with a lookout at JAMA Network Open, which says 56% of humans who have the Omicron variant of the coronavirus are unaware of their infection. It has an upside and a downside, relying on the way you study it, according to the Time Magazine.

The general public who has been infected with the Omicron variant did not even realize that they had COVID-19, says Cedars-Sinai Medical Center inside the US. Due to the dearth of public knowledge about being infected, people cannot take steps to save themselves from transmitting the virus further, which is a major stumbling block for addressing new waves of the pandemic. *"About one in each of the two who were infected with Omicron didn't recognize that they had it,"* stated Dr. Susan Cheng, a corresponding writer of the study that is posted in JAMA Network Open. Previous studies have predicted that at the least 25% and doubtlessly as many as 80% of people infected with the coronavirus won't reveal symptoms, researchers say.

This *"low degree of infection awareness has probably contributed to the quick spread of Omicron,"* said Dr. Cheng Scientists at Cedars-Sinai who had been conducting research into the consequences of COVID-19 and the impact of vaccines for more than two years.

SOURCE: [SKY NEWS](#)



OBESITY MAY WEAKEN VACCINE PROTECTION; UNVACCINATED OMICRON PATIENTS FACE RISK FROM VARIANTS

According to a study conducted by Professor Volkan Demirhan Yumuk from Istanbul University, Turkey, severe obesity may weaken the effectiveness of COVID-19 vaccines in those who have never been infected with the coronavirus.

Among those in the study, without previous SARS-CoV-2 infection; who had received the Pfizer (PFE.N)/BioNTech vaccine, patients with severe obesity had antibody levels more than three times lower than normal-weight individuals. Among recipients of Sinovac Biotech's (SVA.O) CoronaVac, those with severe obesity and no history of prior infection had antibody levels 27 times lower than normal weight people, according to data being presented at the European Congress on Obesity in Maastricht, Netherlands. While comparing 70 volunteers who were previously infected by coronavirus, it was observed that the level of antibodies were similar between people with and without severe obesity.



New research suggests that adults (aged 18 or older) with severe obesity generate a significantly weaker immune response to COVID-19 vaccination compared to those with normal weight.

SOURCE: [SCITECHDAILY](#)

Global Comparison

China has become the first country to approve an inhaled Covid vaccine. Made by CanSino, it has comparable elements to its injected vaccine, using an innocent adenovirus as a provider for the genetic code that teaches the frame the way to combat Covid. Inhaled as a high-quality mist, Convidecia Air can offer true protection after simply one breath, the business enterprise says.

Other researchers, which include groups inside the UK and the United States, had been investigating nasal spray vaccines. Scientists say these may additionally provide added immunity

inside the lining of the nose and top airlines, where Covid normally enters the body. The national scientific merchandise management of China granted CanSino approval for its inhaled vaccine for use as a booster dose.

It is able to pinnacle up safety in the ones who've previously had a jab, trials advocate. Meanwhile, the cutting-edge Covid vaccine booster programme has begun in England, Wales and Scotland. Infections are falling around the UK - but health experts expect a resurgence of Covid and flu this autumn and winter.

They may be urging those eligible to shield themselves from extreme contamination by being vaccinated for each.

SOURCE: [BBC NEWS](#)



CORONAVIRUS
2.000.000 CASES

Where can I get tested?

Islamabad	National Institute of Health Park Road, Chak Shahzad, Islamabad
Karachi	Agha Khan University Hospital, Stadium Road, Karachi, Sindh
Hyderabad	Liaquat University of Medical and Health Sciences (LUMHS), Liberty Market Roundabout, Liaquat University Hospital, Hyderabad
Khairpur	Gambat Institute of Medical Sciences, Gambat, Khairpur, Sindh
Peshawar	Hayatabad Medical Complex Phase-4 Phase 4 Hayatabad, Peshawar, Khyber Pakhtunkhwa.
Mardan	Chughtai Lab Mardan point, near Allied Bank, Shamsi Road, Mardan, KP
Haripur	Excel Labs, TMA Plaza Shop No. 6, Near Girls Degree College Circular Road Haripur, KP
Lahore	Shaukat Khanum Memorial Hospital, 7A Block R-3 M.A. Johar Town, Lahore, Punjab
Multan	Nishtar Hospital Nishtar Road, Justice Hamid Colony, Multan
Rawalpindi	Armed Forces Institute of Pathology, Range Road, CMH Complex, Rawalpindi, Punjab
Quetta	Fatima Jinnah Hospital Bahadurabad, Wahdat Colony, Quetta
Muzaffarabad	Abbas Institute of Medical Sciences (AIMS), Ambore, Muzaffarabad, Azad Kashmir
Gilgit	District Headquarters Hospital, Hospital Road, Gilgit, GB

For more cities visit the [COVID-19 Health Advisory Platform](#)