Gov-Her-Nance

Governance

Coronavirus's effects on social services and measures to combat it abroad and in Pakistan, a new dawn in service delivery?

Pakistan is facing severe social services shortages. However, the country's service delivery systems have improved. This is evident in the latest Accountability Lab Pakistan (ALP) (Accountability Lab Pakistan) survey, which shows that 60% of Pakistanis believe their social services are improving.

Meanwhile, the government has implemented several measures to combat the virus, including lockdowns and social distancing. However, the country is still struggling to contain the spread of the virus.

The survey also shows that people are becoming more aware of the importance of social services and are demanding better service delivery. This is evident in the increased demand for social services and the government's efforts to improve service delivery.

However, the government needs to do more to address the social services shortage and improve service delivery. This includes increasing funding for social services, improving service delivery systems, and providing training to staff to improve their service delivery skills.

The government also needs to ensure that people have access to quality social services, regardless of their social status.

In conclusion, Pakistan needs to improve its social services delivery systems and address the social services shortage to ensure that people have access to quality social services. This requires a sustained effort from the government and the community.
حقائق

کورونا وائرس کے لئے بے جنگ ماسک متائیں۔

کورونا وائرس کو ماسک پہن کر بھی وقف کیا جا سکتا ہے۔

افواہ

کورونا وائرس کو ماسک پہن کر بھی وقف کیا جا سکتا ہے۔

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Food-19: Eating healthy meals can help maintain a healthy lifestyle. Eating a balanced diet is crucial for maintaining good health.

- **Protein**: Essential for muscle growth and repair.
- **Vitamins**: Needed for various bodily functions.
- **Salads**: Rich in nutrients and low in calories.

## Protein-Rich Foods

Some examples of protein-rich foods include:

- Milk
- Cheese
- Fish
- Nuts

Including protein-rich foods in your diet can help maintain a healthy weight and support overall health.
A study from the Chinese Academy of Medical Sciences indicates that the consumption of processed red meat and processed white meat significantly increases the risk of colorectal cancer.

Source: indiatimes.com
کورونا وائرس کی مکمل ویکسینیشن کروئنے والے افراد کی تعداد

اسلام آباد 92% 
پنجاب 91% 
بلوجستان 60% 
خیبر پختونخوا 72% 
گلگت بلتستان 65%

سندھ 100%

Source: tribune.com.pk
ویکسین گلواں کے مسراکا

سندھ ڈی سینٹر کیمپس مسودان
09379230051

مؤسسان
09379230145

ڈی چیتال-سیک چیری
03349199484

ڈی چیتال ہور ڈی پیڈی
09239220023

پیشہور
0919217140

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