

PAKISTAN CORONAVIRUS CIVACTS CAMPAIGN

June, 2022 - Bulletin no. 13



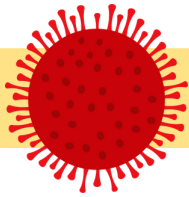
WHAT'S INSIDE

- 01 CORONAVIRUS MYTHBUSTERS**
- 02 CORONAVIRUS UPDATES**
- 03 CORONAVIRUS INSIGHTS**
- 04 EXPERT INTERVIEW**

With the continuous spread of COVID-19 in Pakistan; Accountability Lab is continuously building on its work with district governments and Community Front Liners (network of volunteers) through Coronavirus CivActs Campaign (CCC) to debunk rumours, fake news & misinformation related to COVID-19. The Coronavirus CivActs Campaign supported by the Open Society Foundation also conducts fact-checking, synthesizes data, pushes out the verified information through weekly bulletins and social media campaign for mass awareness, and gathers feedback on the COVID19 response in Pakistan. The bulletins are disseminated in five languages including English, Urdu, Pashto, Punjabi & Sindhi to reach far and wide to help citizens build resilience and fight against the pandemic. These bulletins are also shared with a range of stakeholders from the general public, to government departments, development agencies, CSOs and humanitarian networks via online and offline means.

The campaign also highlights important government decisions, information about vaccination drives, community feedback and concerns related to COVID-19. The objective of the campaign is to enhance awareness among the most vulnerable segments of the society including women, youth, ethnic and religious minorities, transgenders and persons with disabilities. In the current phase of the campaign, Accountability Lab has also engaged the local female community leaders and building their capacity through training and active civic engagement to counter-myths and disseminate facts around COVID-19 and gender issues.

MYTHBUSTERS



COVID-19 can be transmitted through goods produced in countries where there is ongoing transmission



FACT ✓

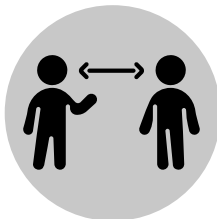
OR

MYTH ✗

The virus is still active in many countries and with the exporting and importing of shipments/goods, many believe that the virus can spread to other countries through these shipments. Although it can last on surfaces i.e containers, boxes, and packages for many hours, the environment, transportation, and varying temperatures during shipment make it difficult for the virus to remain active. If you feel the surface may be contaminated, clean it with a disinfectant and wash your hands after touching it.

Source: [WHO](#)

PREVENTIVE MEASURES THAT CAN BE TAKEN AGAINST CORONAVIRUS (COVID-19)

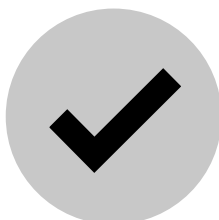


Wear a mask that has two or more layers of washable, breathable fabric and covers your mouth, nose and chin. It should not be loose on the sides.

Practice physical distancing outside your home by keeping a distance of 3 feet between you and others.

Get registered for vaccination as soon as possible and follow all pre and post-vaccination guidelines.

Avoid unnecessary contact with eyes, nose and mouth as that increases chances of virus transfer.



Keep yourself and your environment clean.

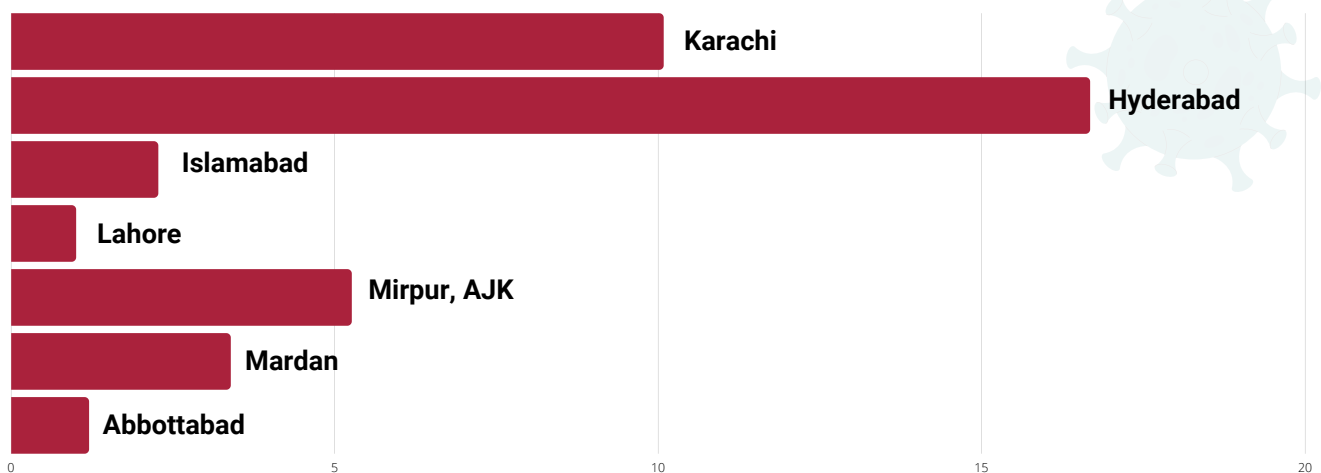
If you fall sick, stay at home and contact a healthcare provider.

Avoid unnecessary outdoor socialising and spending time in crowded spaces

COVID CASES SEE SLIGHT UPTICK AS PAKISTAN REPORTS 171 NEW CASES

NIH (The National Institute of Health) says national positivity rate stands at 1.53 percent with 57 patients in critical care. Whereas that of Sindh has been recorded to be as high as five percent.

During the second last week of June, the rate of Covid positive cases was recorded at 10.08 percent in Karachi and 16.67 percent in Hyderabad. The positivity rate in Islamabad was recorded at 2.27 percent whereas, in Lahore, the infection rate was reported at 1 percent. In Mirpur, Azad Kashmir, the positivity rate was reported at 5.26 percent, in Mardan 3.39 percent, and in Abbottabad 1.2 percent.



Meanwhile, the government recently announced a campaign in Rawalpindi to vaccinate citizens against Covid. As many as 297,427 residents of the Rawalpindi district would be immunized against the coronavirus during a 12-day-long fourth phase of the Reach Every Door (RED) drive that commences in the district.

Source: [TRIBUNE](#)

HOW MANY TIMES CAN A PERSON BE REINFECTED?

It's difficult to put an exact number on how many times a person can be reinfected. With a high level of Covid currently spreading around the world., any of us have a good chance of being exposed to someone who is contagious and becoming reinfected.

Whether a person is reinfected depends on the strength of the immune response when the person was exposed, as well as whether he or she has been recently vaccinated, said Dr. Julie McElrath, director of the vaccine and infectious disease division at the Fred Hutchinson Cancer Center in Seattle. Multiple exposures to the virus which may not necessarily lead to symptoms could have a silver lining, McElrath said.

Each time a person is exposed, the immune response matures and improves. "We should consider reinfection as part of the new normal," she said. It is expected that with these multiple exposures continually improving antibody response that will occur.

Source: [NBC NEWS](#)

MANDATORY MASK- WEARING RETURNS AS COVID FLARES

Mandatory mask-wearing for protection against Covid-19 staged a comeback on Monday 27th June 2022, as the National Command and Operation Centre (NCOC) issued new guidelines in the wake of the resurgence in fresh cases. According to the National Institute of Health (NIH), the national positivity ratio rose to 2.85%, with the detection of 382 new coronavirus cases from 13,412 Covid-19 tests conducted in the last week of June. Based on Tuesday, June 28th reports, the National Institute of Health informed that apart from 87 patients in critical condition, two of the patients had died.

The NCOC made mask-wearing mandatory on all domestic flights, railways, and public transport within the country. "We request all citizens to wear masks during travel for prevention from Covid-19 transmission," an NIH spokesperson said. All provinces and regions were also directed to administer booster shots on a priority basis to further improve protection against Covid-19 transmission, while all health officials concerned had been asked to remain alert and vigilant about the situation. While emphasizing the importance of precautions, including social distancing and mask-wearing, especially in crowded places, the health authorities also stressed the need for strict observance of the guidelines for the management of markets.

According to the NIH data on June 28th, the highest ratio of Covid cases was registered in Sindh which was 6.17%. Karachi has emerged as the new hotspot of the pandemic in the country with the positivity ratio of 22.65%. In Hyderabad, the ratio was 0.32%. Azad Jammu and Kashmir follows Sindh with a 2.94% ratio. The ratio in Punjab was 1.17%, while 1.15% was recorded in Khyber Pakhtunkhwa. Muzaffarabad was the most-affected city with 6.25% in northern parts of the country. Elsewhere, the positivity ratio was 5% in Nowshera, 4.17% in Abbottabad, 3% in Peshawar, 2.44 in Mardan, 2.76% in Lahore, 2.31% in Islamabad, 1.05% in Rawalpindi and 1.64% in Sargodha.



Where can I get tested?

Islamabad	National Institute of Health Park Road, Chak Shahzad, Islamabad
Karachi	Agha Khan University Hospital, Stadium Road, Karachi, Sindh
Hyderabad	Liaquat University of Medical and Health Sciences (LUMHS), Liberty Market Roundabout, Liaquat University Hospital, Hyderabad
Khairpur	Gambat Institute of Medical Sciences, Gambat, Khairpur, Sindh
Peshawar	Hayatabad Medical Complex Phase-4 Phase 4 Hayatabad, Peshawar, Khyber Pakhtunkhwa.
Mardan	Chughtai Lab Mardan point, near Allied Bank, Shamsi Road, Mardan, KP
Haripur	Excel Labs, TMA Plaza Shop No. 6, Near Girls Degree College Circular Road Haripur, KP
Lahore	Shaukat Khanum Memorial Hospital, 7A Block R-3 M.A. Johar Town, Lahore, Punjab
Multan	Nishtar Hospital Nishtar Road, Justice Hamid Colony, Multan
Rawalpindi	Armed Forces Institute of Pathology, Range Road, CMH Complex, Rawalpindi, Punjab
Quetta	Fatima Jinnah Hospital Bahadurabad, Wahdat Colony, Quetta
Muzaffarabad	Abbas Institute of Medical Sciences (AIMS), Ambore, Muzaffarabad, Azad Kashmir
Gilgit	District Headquarters Hospital, Hospital Road, Gilgit, GB

For more cities visit the [COVID-19 Health Advisory Platform](#)