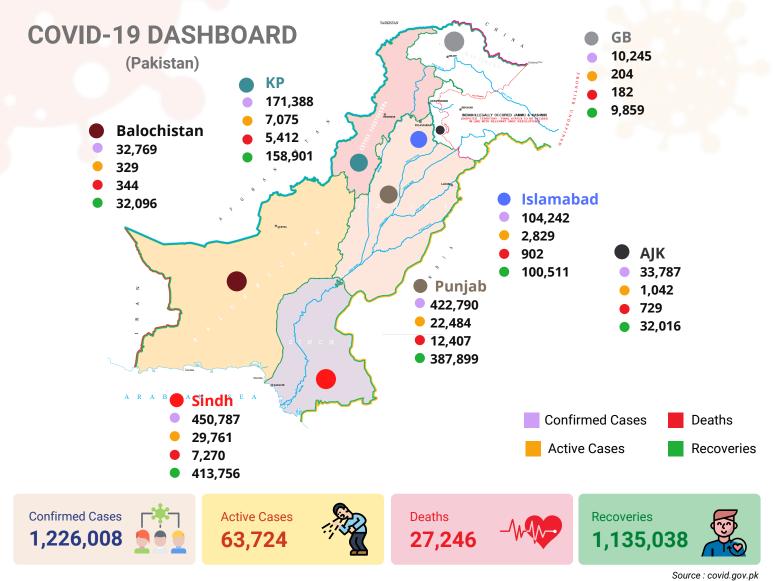
#### **Pakistan Coronavirus CivActs Campaign**



The Accountability Lab Pakistan (ALP), with the financial support of the European Union and technical support from The Asia Foundation (TAF) Pakistan and the Department of Health, Khyber Pakhtunkhwa, has officially launched the Coronavirus CivActs Campaign (CCC) under the project 'Strengthening Community Resilience to COVID-19'. This campaign debunks rumours, fake news and misinformation related to COVID-19, conducts fact-checking, synthesizes data, and produces weekly bulletins for mass awareness. This includes important government decisions and vaccination drives, community feedback and concerns, and other questions from the ground around health and other COVID-19 related issues. The goal is to increase awareness among the most vulnerable groups in Pakistan (including but not limited to ethnic and religious minorities, transgender persons, persons with disabilities) and other marginalized communities with a focus on Khyber Pakhtunkhwa and Sindh. These bulletins are translated and disseminated in Urdu and other regional languages such as Pashto (audio version only) & Sindhi to reach far and wide to help citizens build resilience and fight against the pandemic. The bulletins are also shared with a range of stakeholders from the general public, to government departments, donors, CSOs and humanitarian networks via online and offline means.













#### **Vaccination Statistics**

Partially Vaccinated

54,436,916

LAST 24 HOURS: 491,572

Fully Vaccinated
23,966,026

LAST 24 HOURS: 380,236

Total Doses Administered

72,986,511

LAST 24 HOURS: 829,030



Source :ncoc

#### **Myths vs Facts**



This is incorrect. It turns out that the symptoms of the Delta variant are very similar to the initial form of COVID-19. The only difference is that the new variant has more adverse effects. Current research showed that the Delta variant attacks our lungs more rapidly. But people who are vaccinated seem to show mild symptoms, like that of the common cold. This means that vaccination is very important for protection against the Delta variant.

Source : <u>UC Davis</u>

We all know that COVID can cause the loss of sense of smell and taste. But it can also lead to "COVID smell". "COVID smell" or Parosmia is a disorder that changes one's sense of smell. Some research suggested that the condition could be affecting millions around the world. Sufferers complain about having a consistent smell of rotten flesh and burning. Moreover it can also impact the sense of taste. According to scientists, the Coronavirus must be going inside our nose and attacking the cells. As a result, our working of the brain gets disturbed and we start smelling the wrong things. More research is required in this domain. Until then, protection against COVID-19 is the best policy.

Source : <u>AJ Plu</u>s











## Closure of educational institutes in districts of KP, Punjab extended till September 15th.

On 3rd September, NCOC had announced plans to close educational institutes in some of the KP and Punjab districts where COVID cases were rising. These districts included Peshawar, Swabi, Malakand, Swat, Haripur, Abbottabad, Mansehra and Dera Ismail Khan in KP. Meanwhile Punjab closed schools in Rawalpindi, Lahore, Gujrat, Gujranwala, Sheikhupura, Sialkot, Faisalabad, Sargodha, Khushab, Mianwali, Bhakkar, Khanewal, Multan, Bahawalpur and Rahim Yar Khan. Unfortunately, seeing no improvement in sight, NCOC decided to extend the closure till September 15th. A day later, the KP and Punjab authorities informed the schools accordingly. The extension also applied to the restrictions on public transport and gyms.

Source: Daily Pakistan

## Moderna is trying to make a single dose of COVID-19 booster and flu shot.

Moderna is an American company that designs several vaccines. In fact, it has also developed a vaccine for COVID-19 which is being used in several countries. In a recent development, Moderna announced its plan of designing such a vaccine that will improve immunity against COVID-19 and flu at the same time. If the results are successful, it will take some time to be available in Pakistan.

Source Reuters

# COMMON SIDE EFFECTS AFTER COV D-19 VACCINATION







Headache, body ache or Flu



Diarrhea



Pain at site of injection



Fever or Shivering











#### Vaccination process started for 15 year olds.

Earlier, the vaccination process had been open for 17 years and older citizens. Now under the new government announcement, 15 years can get themselves vaccinated as well. The process of vaccination for 15-18 year old teenagers is similar to older age groups. Firstly, they will have to register themselves by sending their B-form number to 1166. Afterwards, they will have to visit the allocated vaccination centre with the document. Otherwise, they can visit the walk-in vaccination centre and get inoculated after showing their respective B-form. It is important to note that the government has decided to give the Pfizer vaccine to the youngsters. This recent development by the Government is appreciated, as now youngsters can also be safe from Delta and other future variants.

Source: Frontier Post

#### KP had begun COVID 19 vaccination for expatriate citizens.

Many Pakistanis who worked overseas, were stuck in local regions because those vaccines were not available, which were required by the countries where they work. These were usually US made vaccines like Moderna and Pfizer. The case was true for KPK as well and many people from Malakand and neighbouring divisions were protesting at the time. However, KPK had received such vaccines from the US later on and accordingly started the vaccination for expats. Now, many such countries have changed their policies and are accepting China-made vaccines. Moreover, the government has started a booster vaccination scheme for such expatriates

Source: <u>Dawn</u>

#### **COVID-19 Vaccination**

15 to 18 year old citizens are now eligible to get vaccinated. These citizens will get the **pfizer** vaccine



#### **Process for registration:**

Citizens (All 15+ years)

SMS your CNIC number/ B form to **1166** from any mobile number (that may not necessarily be yours) or visit **nims.nadra.gov.pk** 

After sending your CNIC to 1166, just walk in to the nearest vaccination center in your district along with your **original CNIC** and get yourself vaccinated.











### Major vaccination centers in KP and Sindh

KP Sindh

Peshawar		Sukkur	
RHC Regi	03335042588	IHS Hospital Labour Flats	0715811532
MCHC Mattani	03459146891	TH PANO AKIL	0715690500
Public Health School	03339611020	TH ROHRI	0333 7128627
Charsadda		Khairpur	
BHU Muhammad Nari	03045270647	Ranipur	03347382264
DHQ Charsadda	03339015031	Thari Mir Wah	03333960839
RHC Battagram	03149160346	Taluka Hospital Kotdeji	03013582910
Mardan		Shikarpur	
DHQ Hospital Mardan	03005921350	9. R.H.C. Sultan Kot	03337577008
Mardan Medical Complex	0333929881	30. R.H.C. Khanpur	03003131100
THQ Takht Bhai	03339191353	• 32. R.H.C. Garhi Yasin	03453945330
Swabi		Jacobabad	
Swabi		Jacobabad	
BHU Jhanda	03005921350	CIVIL Hospital Jacobabad	03337341698
BHU Kotha	0333929881	Taluka Hospital Thul	03335765590
CH Kalu Khan	03339191353	RHC Garhi Hassan	03003174277
Harinur		Larkana	
Haripur			
CD Kot Najibullah	03059349975	• T.H.Dokri	03337517256
Civil Hospital KTS	03330928292	CMC Hospital Larkana	03337533685



• DHQ Hospital Haripur



03155046070



Ratodero



03453852452

	Where can I get tested?	
Islamabad	National Institute of Health Park Road, Chak Shahzad, Islamabad	
Karachi	Agha Khan University Hospital, Stadium Road, Karachi, Sindh	
Hyderabad	Liaquat University of Medical and Health Sciences (LUMHS), Liberty Market Roundabout, Liaquat University Hospital, Hyderabad	
Khairpur	Gambat Institute of Medical Sciences, Gambat, Khairpur, Sindh	
Peshawar	Hayatabad Medical Complex Phase-4 Phase 4 Hayatabad, Peshawar, Khyber Pakhtunkhwa.	
Mardan	Chughtai Lab Mardan point, near Allied Bank, Shamsi Road, Mardan, KP	
Haripur	Excel Labs, TMA Plaza Shop No. 6, Near Girls Degree College Circular Road Haripur, KP	
Lahore	Shaukat Khanum Memorial Hospital, 7A Block R-3 M.A. Johar Town, Lahore, Punjab	
Multan	Nishtar Hospital Nishtar Road, Justice Hamid Colony, Multan	
Rawalpindi	Armed Forces Institute of Pathology, Range Road, CMH Complex, Rawalpindi, Punjab	
Quetta	Fatima Jinnah Hospital Bahadurabad, Wahdat Colony, Quetta	
Muzaffarabad	Abbas Institute of Medical Sciences (AIMS), Ambore, Muzaffarabad, Azad Kashmir	
Gilgit	District Headquarters Hospital, Hospital Road, Gilgit, GB	
For more cities visit the COVID-19 Health Advisory Platform		



You can reach us at +92-333-5873268 on WhatsApp to share any COVID-19 related rumors, myths, and misinformation that is being spread around your community. Through our Coronavirus CivActs Campaign weekly bulletins, we will debunk these rumors and disseminate validated information.







