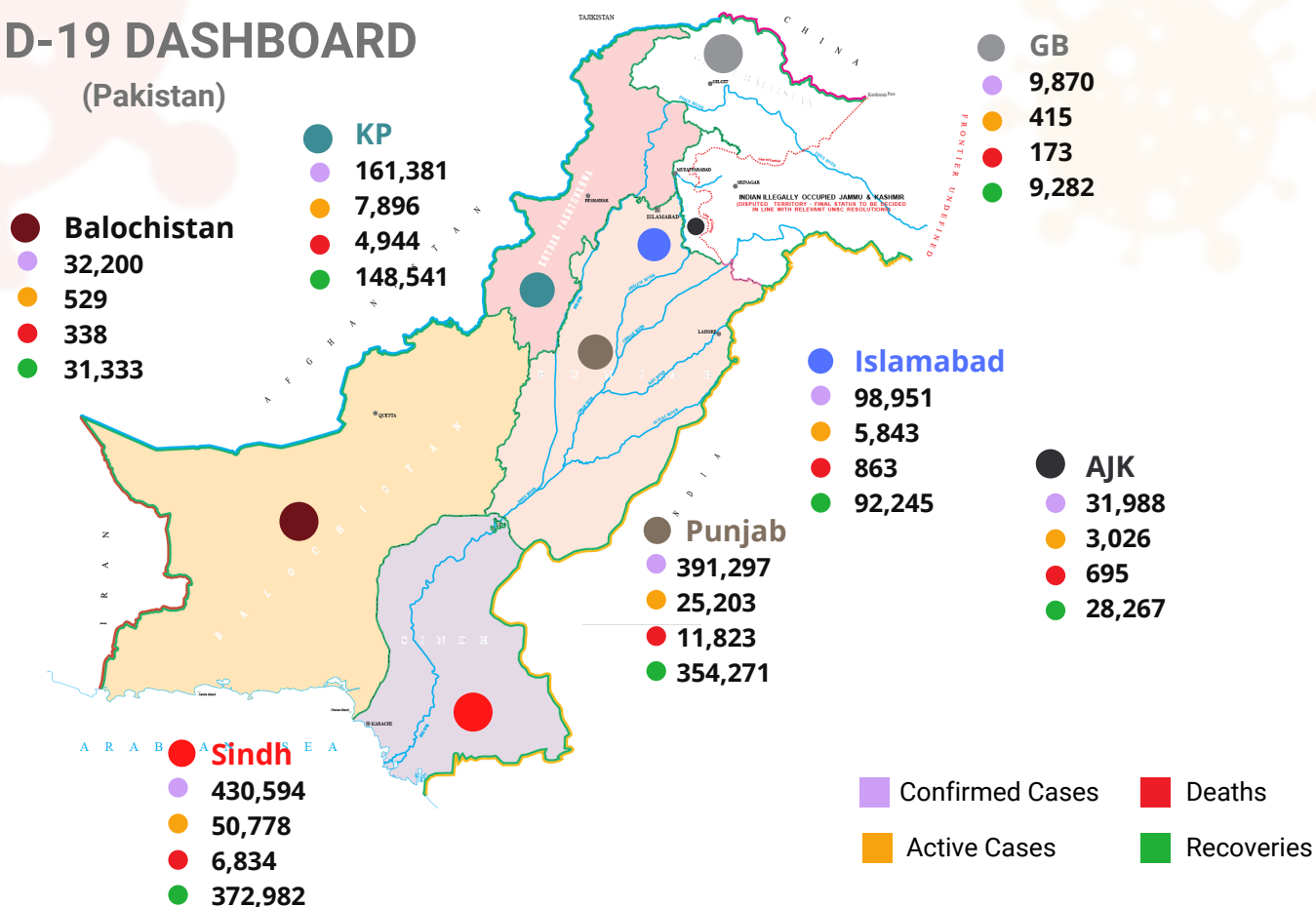


The Accountability Lab Pakistan (ALP), with the financial support of the European Union and technical support from The Asia Foundation (TAF) Pakistan and the Department of Health, Khyber Pakhtunkhwa, has officially launched the Coronavirus CivActs Campaign (CCC) under the project 'Strengthening Community Resilience to COVID-19'. This campaign debunks rumours, fake news and misinformation related to COVID-19, conducts fact-checking, synthesizes data, and produces weekly bulletins for mass awareness. This includes important government decisions and vaccination drives, community feedback and concerns, and other questions from the ground around health and other COVID-19 related issues. The goal is to increase awareness among the most vulnerable groups in Pakistan (including but not limited to ethnic and religious minorities, transgender persons, persons with disabilities) and other marginalized communities with a focus on Khyber Pakhtunkhwa and Sindh. These bulletins are translated and disseminated in Urdu and other regional languages such as Pashto (audio version only) & Sindhi to reach far and wide to help citizens build resilience and fight against the pandemic. The bulletins are also shared with a range of stakeholders from the general public, to government departments, donors, CSOs and humanitarian networks via online and offline means.

COVID-19 DASHBOARD

(Pakistan)



Confirmed Cases
1,156,281

Active Cases
93,690

Deaths
25,670

Recoveries
1,036,921

Source : covid.gov.pk

Vaccination Statistics

Partially Vaccinated

39,951,787



LAST 24 HOURS: 702,290

Fully Vaccinated

15,269,699



LAST 24 HOURS: 442,495

Total Doses Administered

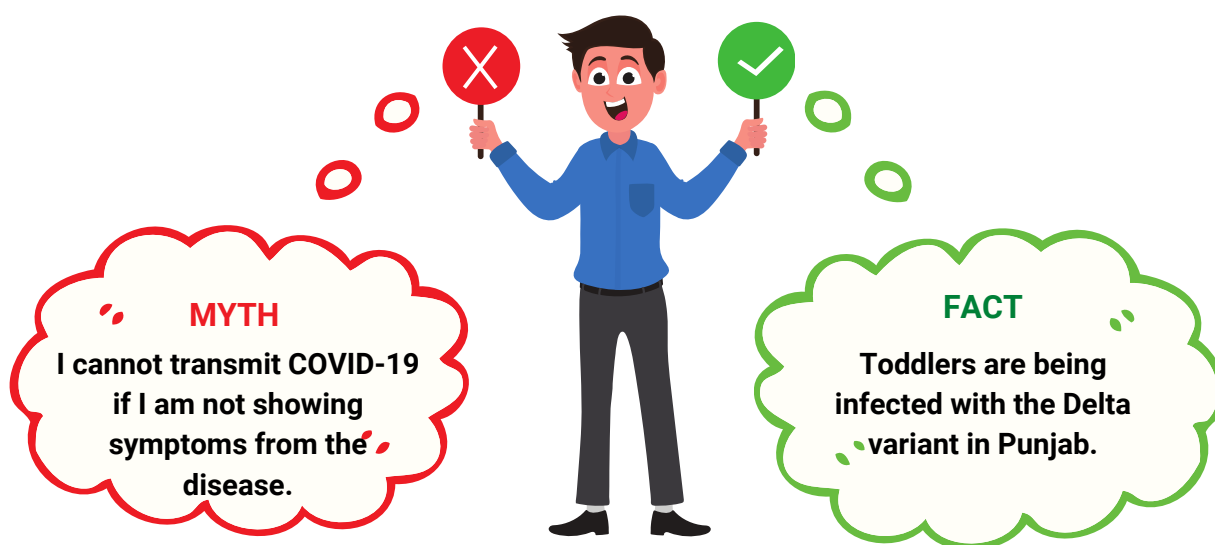
50,985,184



LAST 24 HOURS: 1,101,973

Source :ncoc

Myths vs Facts



This is a common misconception people have regarding COVID-19 and its symptoms. Even though COVID-19 patients who do not show symptoms are less contagious than the ones who show symptoms, they can still spread the virus. In fact one study said that patients without symptoms have been more likely to pass most infections. This makes sense since people who feel fine tend to socialize outdoors more than their peers. Moreover, patients showing symptoms of COVID-19 are highly infectious at least a day or two before illness. This means that in the case of getting COVID-19, you should equally take care of precautions, no matter what symptoms look like.

Source : [Guardian](#)

The Delta variant is also spreading fast in Pakistan. In fact, five toddlers had become victims of the new variant, in Lahore. This shows the seriousness of the fourth wave of coronavirus. The infected kids were hospitalized, though no vaccine was administered to them because vaccination for kids is still in the research phase. This incident emphasizes the fact that even though children may have stronger immunity, they are still at risk of contracting the virus. Since no vaccine for kids has been developed yet, the best policy parents can follow is other precautionary measures such as ensuring they wash their hands and wear masks.

Source : [ARY](#)



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Vaccine hesitancy observed in transgender community

COVID -19 has affected every aspect of our life. The effect has specially struck the marginalised communities amongst us. Transgender community is one of them who feel overwhelmed more than ever. In efforts by the government to eradicate vaccine hesitancy, the trans community has gone unnoticed. Most members feel reluctant to get the vaccine, one of the reasons being fear of discrimination. Most of these centres have queues for just two genders therefore it is understandable that they might feel overwhelmed. Secondly, there have been a handful of instances where they have been humiliated and told to step out of lines. This makes them more anxious to get vaccinated. Moreover, most of the trans community suffers from controversial diseases due to poverty and lack of resources. Many of these members are under the impression that COVID vaccine will cause side effects when taken with their usual medication. This is incorrect. In fact, many medical specialists of serious diseases like HIV are confident that COVID-19 causes no dangerous side effects. Therefore, the government should set up mobile vaccination camps near the localities of members of the trans community while the general public should encourage and accommodate them to get inoculated.

Source : [Al Jazeera](#)

KP reports 18 new deaths,770 new cases

COVID-19 situation in KPK is alarming. Last week, about 770 new cases of the virus were reported in just a single day. The same day 18 people died from the virus. As a result, the total deaths in the province increased to 4714, while overall cases reached 154,606. On a positive note, almost 742 people recovered from COVID-19 on the same day. It should be noted that these were probably the people who got vaccinated against the virus. Therefore, members of the general public who have not gotten themselves inoculated should do so, as soon as possible.

Source : [Brecorder](#)

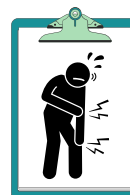
COMMON SIDE EFFECTS AFTER COVID-19 VACCINATION



Headache, body
ache or Flu



Pain at site of
injection



Diarrhea



Fever or
Shivering



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Experts warn pregnant women to get vaccinated against Covid-19

Top medical experts of the countries have highly encouraged pregnant and lactating women to get vaccinated against COVID-19 as soon as possible. The emphasis comes after the unfortunate passing away of a young dentist who was expecting. Just like any pregnant women, the patient was reluctant to get inoculated and as a result the mother and the unborn baby could not survive the complications due to COVID-19. This incident has shed light on the importance of pregnant and lactating women getting vaccinated. In fact, some top medical experts were also consulted in this regard.

According to a scientist at a UK university, pregnant women should first consult their physicians for weighing out the risks and benefits based on medical history. Afterwards, they should check the detailed guidelines on the website of the Ministry of National Health Services. Next, keeping guidelines in mind, they should try to get vaccinated with either Pfizer or Moderna's vaccine. This way not only pregnant women will be safe, but later on the baby will go on to have some natural immunity against the virus. Infact, pregnant women with COVID-19 are three times more likely to be on a ventilator and die than other pregnant women. Moreover, newborns of infected mothers are five times more likely to go to ICU. Hence, it is the responsibility of all male and female members of a household to ensure that pregnant and lactating women get vaccinated as soon as possible.

Source : [The News](#)

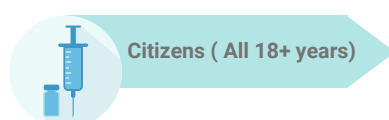
Sindh decides to open Educational institutes from August 30th

The Sindh government on 23rd of August announced that all such public and private schools that have all of their staff vaccinated, will open. Amidst all the confusion, it was finally decided to open schools from 30th August. Initially it had been decided to close schools until further notice. However, the authorities changed the directive the very same day, after meeting with representatives of private schools.

According to the new notification, schools with 100 percent vaccinated staff will open 50 percent attendance. Additionally, school management will check vaccination cards of parents. In conclusion, parents in Sindh should get themselves vaccinated and get their vaccinated cards ready before 30th August.

Source : [Brecorder](#)

Registration Process for COVID-19 Vaccination



SMS your CNIC number to **1166** from any mobile number (that may not necessarily be yours) or visit nims.nadra.gov.pk



After sending your CNIC to 1166, just walk in to the nearest vaccination center in your district along with your **original CNIC** and get yourself vaccinated.



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Major vaccination centers in KP and Sindh

KP

Peshawar

- RHC Regi | 03335042588
- MCHC Mattani | 03459146891
- Public Health School | 03339611020

Charsadda

- BHU Muhammad Nari | 03045270647
- DHQ Charsadda | 03339015031
- RHC Battagram | 03149160346

Mardan

- DHQ Hospital Mardan | 03005921350
- Mardan Medical Complex | 0333929881
- THQ Takht Bhai | 03339191353

Swabi

- BHU Jhanda | 03005921350
- BHU Kotha | 0333929881
- CH Kalu Khan | 03339191353

Haripur

- CD Kot Najibullah | 03059349975
- Civil Hospital KTS | 03330928292
- DHQ Hospital Haripur | 03155046070

Sindh

Sukkur

- IHS Hospital Labour Flats | 0715811532
- TH PANO AKIL | 0715690500
- TH ROHRI | 0333 7128627

Khairpur

- Ranipur | 03347382264
- Thari Mir Wah | 03333960839
- Taluka Hospital Kotdeji | 03013582910

Shikarpur

- 9. R.H.C. Sultan Kot | 03337577008
- 30. R.H.C. Khanpur | 03003131100
- 32. R.H.C. Garhi Yasin | 03453945330

Jacobabad

- CIVIL Hospital Jacobabad | 03337341698
- Taluka Hospital Thul | 03335765590
- RHC Garhi Hassan | 03003174277

Larkana

- T.H.Dokri | 03337517256
- CMC Hospital Larkana | 03337533685
- Ratodero | 03453852452



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Where can I get tested?

Islamabad	National Institute of Health Park Road, Chak Shahzad, Islamabad
Karachi	Agha Khan University Hospital, Stadium Road, Karachi, Sindh
Hyderabad	Liaquat University of Medical and Health Sciences (LUMHS), Liberty Market Roundabout, Liaquat University Hospital, Hyderabad
Khairpur	Gambat Institute of Medical Sciences, Gambat, Khairpur, Sindh
Peshawar	Hayatabad Medical Complex Phase-4 Phase 4 Hayatabad, Peshawar, Khyber Pakhtunkhwa.
Mardan	Chughtai Lab Mardan point, near Allied Bank, Shamsi Road, Mardan, KP
Haripur	Excel Labs, TMA Plaza Shop No. 6, Near Girls Degree College Circular Road Haripur, KP
Lahore	Shaukat Khanum Memorial Hospital, 7A Block R-3 M.A. Johar Town, Lahore, Punjab
Multan	Nishtar Hospital Nishtar Road, Justice Hamid Colony, Multan
Rawalpindi	Armed Forces Institute of Pathology, Range Road, CMH Complex, Rawalpindi, Punjab
Quetta	Fatima Jinnah Hospital Bahadurabad, Wahdat Colony, Quetta
Muzaffarabad	Abbas Institute of Medical Sciences (AIMS), Ambore, Muzaffarabad, Azad Kashmir
Gilgit	District Headquarters Hospital, Hospital Road, Gilgit, GB

For more cities visit the [COVID-19 Health Advisory Platform](#)



You can reach us at **+92-333-5873268** on **WhatsApp** to share any **COVID-19 related** rumors, myths, and misinformation that is being spread around your community. Through our Coronavirus CivActs Campaign weekly bulletins, we will **debunk these rumors** and disseminate **validated information**.



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