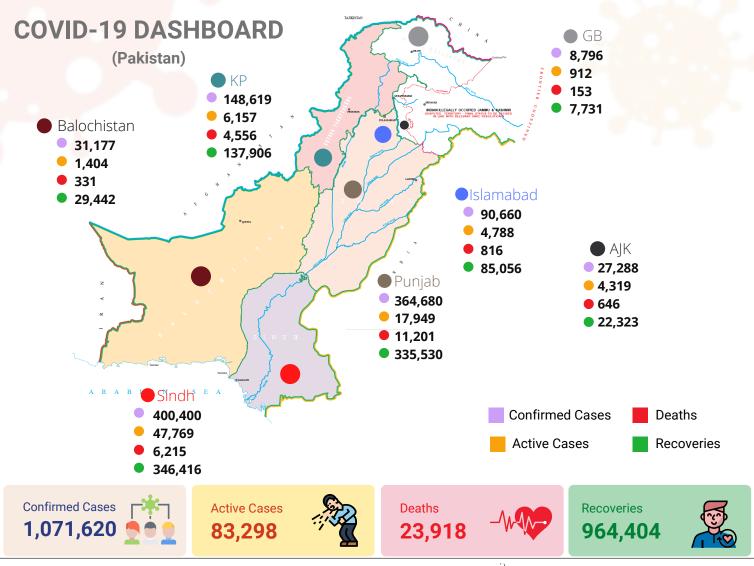
Pakistan Coronavirus CivActs Campaign



The Accountability Lab Pakistan (ALP), with the financial support of the European Union and technical support from The Asia Foundation (TAF) Pakistan and the Department of Health, Khyber Pakhtunkhwa, has officially launched the Coronavirus CivActs Campaign (CCC) under the project 'Strengthening Community Resilience to COVID-19'. This campaign debunks rumours, fake news and misinformation related to COVID-19, conducts fact-checking, synthesizes data, and produces weekly bulletins for mass awareness. This includes important government decisions and vaccination drives, community feedback and concerns, and other questions from the ground around health and other COVID-19 related issues. The goal is to increase awareness among the most vulnerable groups in Pakistan (including but not limited to ethnic and religious minorities, transgender persons, persons with disabilities) and other marginalized communities with a focus on Khyber Pakhtunkhwa and Sindh. These bulletins are translated and disseminated in Urdu and other regional languages such as Pashto (audio version only) & Sindhi to reach far and wide to help citizens build resilience and fight against the pandemic. The bulletins are also shared with a range of stakeholders from the general public, to government departments, donors, CSOs and humanitarian networks via online and offline means.













Vaccination Statistics

Partially Vaccinated

29,789,315

LAST 24 HOURS: 903,331



Total Doses Administered

37,424,706

LAST 24 HOURS: 1,096,550



Myths vs Facts



People of all ages can be infected with COVID-19. However pre-existing medical conditions like asthma, heart disease and diabetes and old age make one more prone to the virus. Despite rumours that young kids are immune to COVID-19, children are more susceptible to the disease. Early child development requires a healthy environment to have healthy brain development. In fact COVID-19 and the social restrictions can impair a child's ability to learn,interact and grow. Teenagers and youngsters are similarly being affected. The social restriction conditions are depriving them of effective means to develop social skills, necessary in finding means to earn and lead a healthy life in the future. Therefore, it is inaccurate to deduce that they are completely safe from catching the COVID-19.

Lately, there has been a common apprehension among the public to use sanitizers available in public places. The World Health Organization (WHO) states that communal bottles of alcoholbased sanitizers are completely safe to use. Centers for Disease Control And Prevention (CDC) recommends consumers use an alcoholbased hand sanitizer that contains at least 60% alcohol. Hence any germs present on our hands are readily killed, considering hands are properly sanitized. It is important to note that disinfecting hands through a communal bottle is far safer than not using a sanitizer at all.

Source: WHO

Source: WHO











KSA allows pilgrims from green list countries to perform Umrah

Saudi authorities have decided to allow almost 20,000 pilgrims to enter the kingdom and perform Umrah. Only pilgrims belonging from countries not under KSA's travel ban will be able to avail this opportunity. This means pilgrims from Pakistan cannot perform Umrah this year since KSA has placed the country under its travel ban. Other countries included in the red list are Argentina, Afghanistan, Brazil, Egypt, Ethiopia, Turkey, India, Indonesia, Lebanon, United Arab Emirates, and Vietnam.

The applicants are also expected to be fully vaccinated, healthy and to follow all designated safety protocols

Source: The Gulf Talk

Sindh government has declared 11 COVID-19 mass vaccination centres to operate 24/7 in Karachi

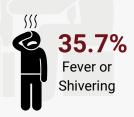
About 11 COVID-19 vaccination centres (CVCs) have been designated as mass vaccination centres. The announcement by the provincial health department comes at a time when CVCs like Expo Centre and Khalikdina Hall witnessed unexpected large numbers and mass chaos. This was proving detrimental to the whole purpose of social distancing and stopping COVID-19 transmission.

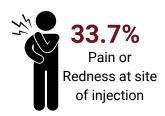
The mass vaccination centres are spread over six districts of Karachi. The respective districts are East district, West district, Central district, South district, Korang district and Malir district. The name of hospitals declared as MVCs can be found on the link below:

https://www.brecorder.com/news/40110508

Source: Brecorder

Known Side-Effects after vaccination











Source: Govt of Pakistan











NCOC changes strategy-launches door to door COVID vaccination drive

The National Command and Operation Centre (NCOC) had earlier decided to impose a smart lockdown in areas hit by COVID-19. Even though this could have prevented the transmission of the virus, it would have severely affected the economy. Especially at a time when policymakers are trying to hold the country's economy together in front of the IMF. In a much-welcomed change of strategy, NCOC has decided to vaccinate every citizen in the virus hit areas through a door-to-door COVID-19 vaccination drive. For this purpose, mobile vaccination teams will be set up to carry out the vaccination in affected areas.

The decision from NCOC came after the country was hit by the 4th wave, propelled by the Indianorigin Delta variant. The new plan aims to decrease the 10 percent and above positivity ratio in five districts of the country.

Source: ARY

On spot vaccination allowed for citizens without CNICs in Karachi

Sindh Health Department has confirmed that Karachi citizens who do not have computerized national identity cards can now avail vaccination. For this purpose, on-spot biometric verification will be made available at designated Mass COVID-19 Vaccination Centers. According to media coordinator of Health Department, Expo Centre Karachi has the facility available. However, it will soon be expanded to other centers. Till then citizens can use valid mobile numbers for registration.

source: dawn

Registration Process for COVID-19 Vaccination





SMS your CNIC number to **1166** from any mobile number (that may not necessarily be yours) or visit **nims.nadra.gov.pk**



After sending your CNIC to 1166, just walk in to the nearest vaccination center in your district along with your **original CNIC** and get yourself vaccinated.











Major vaccination centers in KP and Sindh

KP Sindh

Peshawar		Sukkur	
RHC Regi	03335042588	IHS Hospital Labour Flats	0715811532
MCHC Mattani	03459146891	TH PANO AKIL	0715690500
Public Health School	03339611020	TH ROHRI	0333 7128627
Charsadda		Khairpur	
BHU Muhammad Nari	03045270647	Ranipur	03347382264
DHQ Charsadda	03339015031	Thari Mir Wah	03333960839
RHC Battagram	03149160346	Taluka Hospital Kotdeji	03013582910
Mardan		Shikarpur	
DHQ Hospital Mardan	03005921350	9. R.H.C. Sultan Kot	03337577008
Mardan Medical Complex	0333929881	30. R.H.C. Khanpur	03003131100
THQ Takht Bhai	03339191353	• 32. R.H.C. Garhi Yasin	03453945330
Swabi		Jacobabad	
Swabi		Jacobabad	
BHU Jhanda	03005921350	CIVIL Hospital Jacobabad	03337341698
BHU Kotha	0333929881	Taluka Hospital Thul	03335765590
CH Kalu Khan	03339191353	RHC Garhi Hassan	03003174277
Harinur		Larkana	
Haripur			
CD Kot Najibullah	03059349975	• T.H.Dokri	03337517256
Civil Hospital KTS	03330928292	CMC Hospital Larkana	03337533685



• DHQ Hospital Haripur



03155046070



Ratodero



03453852452

	Where can I get tested?		
Islamabad	National Institute of Health Park Road, Chak Shahzad, Islamabad		
Karachi	Agha Khan University Hospital, Stadium Road, Karachi, Sindh		
Hyderabad	Liaquat University of Medical and Health Sciences (LUMHS), Liberty Market Roundabout, Liaquat University Hospital, Hyderabad		
Khairpur	Gambat Institute of Medical Sciences, Gambat, Khairpur, Sindh		
Peshawar	Hayatabad Medical Complex Phase-4 Phase 4 Hayatabad, Peshawar, Khyber Pakhtunkhwa.		
Mardan	Chughtai Lab Mardan point, near Allied Bank, Shamsi Road, Mardan, KP		
Haripur	Excel Labs, TMA Plaza Shop No. 6, Near Girls Degree College Circular Road Haripur, KP		
Lahore	Shaukat Khanum Memorial Hospital, 7A Block R-3 M.A. Johar Town, Lahore, Punjab		
Multan	Nishtar Hospital Nishtar Road, Justice Hamid Colony, Multan		
Rawalpindi	Armed Forces Institute of Pathology, Range Road, CMH Complex, Rawalpindi, Punjab		
Quetta	Fatima Jinnah Hospital Bahadurabad, Wahdat Colony, Quetta		
Muzaffarabad	Abbas Institute of Medical Sciences (AIMS), Ambore, Muzaffarabad, Azad Kashmir		
Gilgit	District Headquarters Hospital, Hospital Road, Gilgit, GB		
For more cities visit the COVID-19 Health Advisory Platform			



You can reach us at +92-333-5873268 on WhatsApp to share any COVID-19 related rumors, myths, and misinformation that is being spread around your community. Through our Coronavirus CivActs Campaign weekly bulletins, we will debunk these rumors and disseminate validated information.







