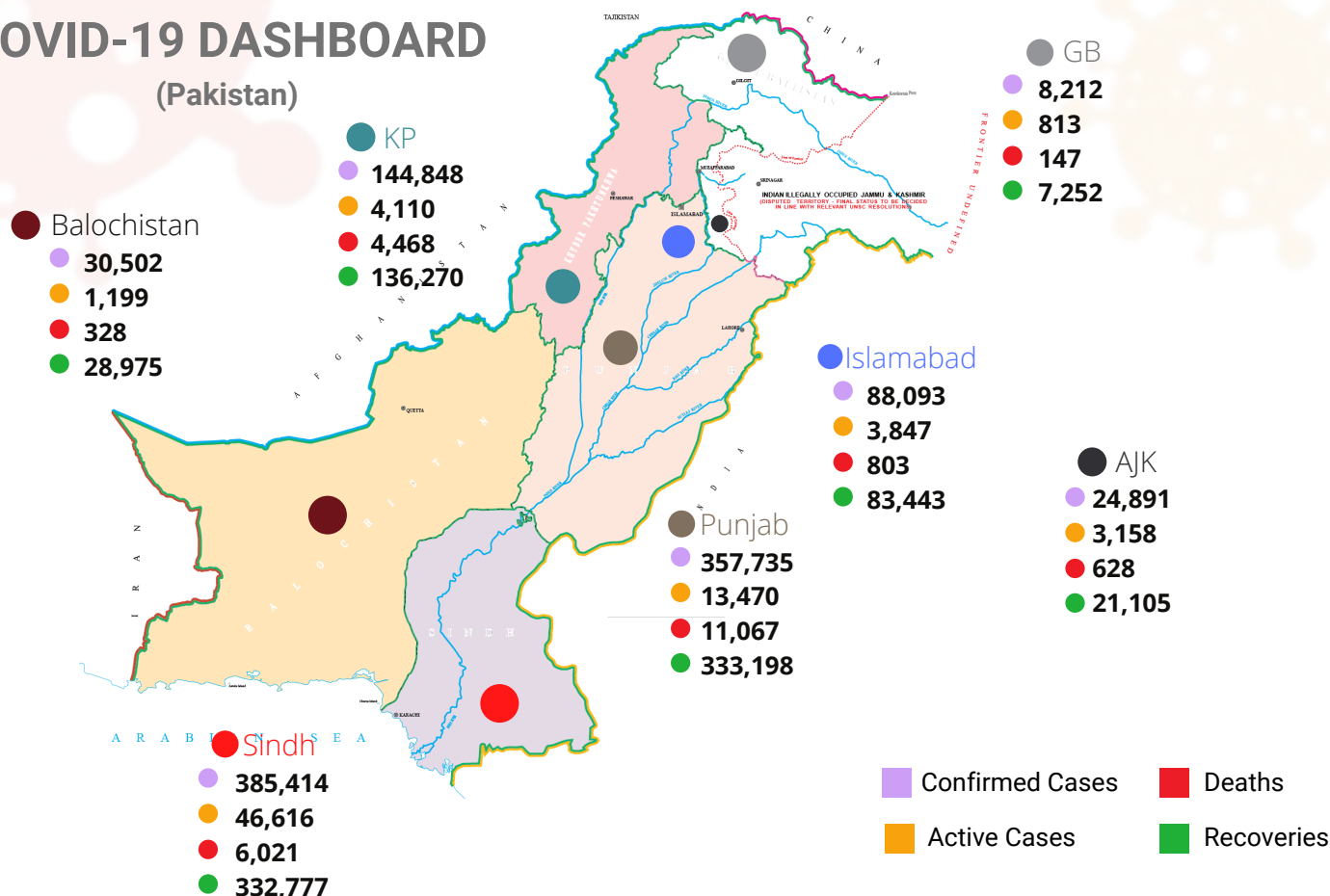


The Accountability Lab Pakistan (ALP), with the financial support of the European Union and technical support from The Asia Foundation (TAF) Pakistan and the Department of Health, Khyber Pakhtunkhwa, has officially launched the Coronavirus CivActs Campaign (CCC) under the project 'Strengthening Community Resilience to COVID-19'. This campaign debunks rumours, fake news and misinformation related to COVID-19, conducts fact-checking, synthesizes data, and produces weekly bulletins for mass awareness. This includes important government decisions and vaccination drives, community feedback and concerns, and other questions from the ground around health and other COVID-19 related issues. The goal is to increase awareness among the most vulnerable groups in Pakistan (including but not limited to ethnic and religious minorities, transgender persons, persons with disabilities) and other marginalized communities with a focus on Khyber Pakhtunkhwa and Sindh. These bulletins are translated and disseminated in Urdu and other regional languages such as Pashto (audio version only) & Sindhi to reach far and wide to help citizens build resilience and fight against the pandemic. The bulletins are also shared with a range of stakeholders from the general public, to government departments, donors, CSOs and humanitarian networks via online and offline means.

COVID-19 DASHBOARD (Pakistan)



Confirmed Cases
1,039,695



Active Cases
73,213



Deaths
23,462



Recoveries
943,020



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Vaccination Statistics

Partially Vaccinated

24,086,196

LAST 24 HOURS: 409,447



Fully Vaccinated

6,503,987

LAST 24 HOURS: 103,635



Total Doses Administered

30,590,183

LAST 24 HOURS: 513,082



Myths vs Facts



A recent rumour that is popular these days is that COVID-19 vaccine happens to contain electromagnetic properties, meaning those who receive the shot apparently become 'magnetic'. According to the Centers for Disease Control and Prevention (CDC), the active ingredient in the COVID-19 vaccines, such as Pfizer, Johnson and Johnsons, and Moderna, are not of metallic nature. They are mostly proteins and other non-metal elements. Additionally, it is safe to say that no eggs, latex, preservatives, gelatin and metals make up the formula. Similarly, none of the metals like iron, cobalt, nickel or any of the rare earth alloys, are constituents of the vaccines. Hence, there is no possibility of becoming magnetic from a vaccine

Source: CDC

Alcohol is often considered controversial because of its adverse effects on health, through oral consumption or over-absorption into the skin. However, alcohol in sanitizers is safe for use. Centers for Disease Control And Prevention (CDC) recommends at least 60% alcohol in alcohol based hand sanitizers. The World Health Organization (WHO) lists Ethanol 96% as main reagents for homemade sanitizers. Moreover, it is very unlikely to develop resistance due to over use of alcohol based hand sanitizers, with no report of such instances. It is also important to note that allergic reactions and bleaching are very rare side effects of alcohol based hand sanitizers. In fact, religions like Islam where alcohol is prohibited, allow its use for medicinal purposes.

Source: WHO



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Domestic air travel will require Covid-19 vaccination certification

The National Command and Operation Centre has confirmed that only vaccinated citizens will be allowed to avail domestic air travel from 1st of August 2021. For this purpose, citizens will be expected to show personal COVID-19 vaccination certificates to the concerned authorities. Moreover, the centre states that by 31st of July all employees must get duly vaccinated. Especially those employees working in all industries ranging from media, law, hotel, transport, small and large industries to the private sector. Similarly, all citizens above 18 years of age are required to get inoculated by August 3, as announced by NCOC.

Source: Brecorder

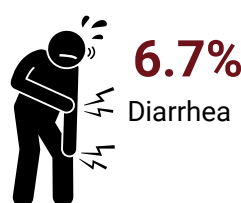
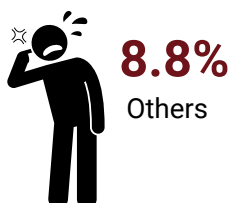
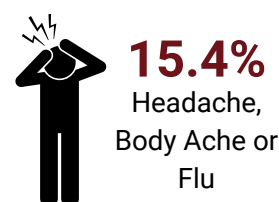
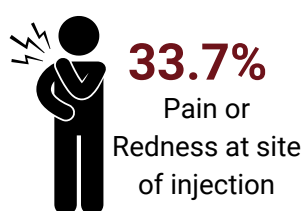
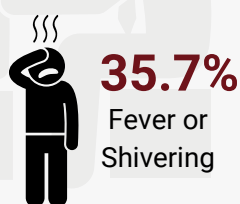
Sindh government implements new COVID-19 restrictions after increase in Coronavirus cases

Sindh government has announced to strictly enforce COVID-19 restrictions after Sindh's positivity ratio jumped to 10%. Only necessary public places for instance pharmacies, grocery markets and bakeries will be allowed to stay open. On the other hand, places of leisure will be operational from 6 am to 6 pm. The decision came after Sindh Chief Minister Murad Ali Shah chaired the recent meeting of Provincial Coronavirus Task Force.

The announcement by the Sindh government is welcomed after Pakistan climbed the charts to a positivity ratio of 7.5%. The provincial health secretary disclosed that Sindh stands at a positivity ratio of 10.3 %, whereas Karachi is at an alarming rate of 21.58%.

Source: The News

Known Side-Effects after vaccination



Source: Govt of Pakistan



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Khyber Pakhtunkhwa announces 250 more COVID-19 cases, six deaths

Earlier in July 2021, the Khyber Pakhtunkhwa health department confirmed 250 more new cases of Coronavirus within one day. As a result, the total number of COVID-19 cases in KP has increased to 139,960. Moreover, an additional six patients tragically lost lives to the disease. This brings the total number of fatalities to 4,377.

Nevertheless, the province observed 214 more recoveries within the same day. This takes the total number of recovered patients to 133,736. It is hoped that the public will follow SOPs during the festivities, in order to prevent the increase in more cases.

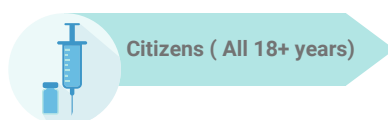
Source: ARY

Pakistan experiences spike in Coronavirus spread with a positivity rate of 7.51%

The National Command and Operations Centre (NCOC) has announced through the official portal that the country has seen an increase in positivity ratio for COVID-19. This is very alarming since the country is going through the 4th and the toughest wave of the disease. The Delta variant which attributes its origin to India, is believed to be much more deadly with a faster transmission rate of 20%. Consequently, a total of 57,799 Coronavirus cases are currently listed as active cases. It is also unfortunate that the total number of COVID related deaths has spiked to 23,048. Additionally, the total number of recoveries stands at 927,599.

Source: GEO

Registration Process for COVID-19 Vaccination



Citizens (All 18+ years)



SMS your CNIC number to **1166** from any mobile number (that may not necessarily be yours) or visit **nims.nadra.gov.pk**



After sending your CNIC to 1166, just walk in to the nearest vaccination center in your district along with your **original CNIC** and get yourself vaccinated.



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Major vaccination centers in KP and Sindh

KP

Peshawar

- | | |
|------------------------|-------------|
| • RHC Regi | 03335042588 |
| • MCHC Mattani | 03459146891 |
| • Public Health School | 03339611020 |

Charsadda

- | | |
|---------------------|-------------|
| • BHU Muhammad Nari | 03045270647 |
| • DHQ Charsadda | 03339015031 |
| • RHC Battagram | 03149160346 |

Mardan

- | | |
|--------------------------|-------------|
| • DHQ Hospital Mardan | 03005921350 |
| • Mardan Medical Complex | 0333929881 |
| • THQ Takht Bhai | 03339191353 |

Swabi

- | | |
|----------------|-------------|
| • BHU Jhanda | 03005921350 |
| • BHU Kotha | 0333929881 |
| • CH Kalu Khan | 03339191353 |

Haripur

- | | |
|------------------------|-------------|
| • CD Kot Najibullah | 03059349975 |
| • Civil Hospital KTS | 03330928292 |
| • DHQ Hospital Haripur | 03155046070 |

Sindh

Sukkur

- | | |
|-----------------------------|--------------|
| • IHS Hospital Labour Flats | 0715811532 |
| • TH PANO AKIL | 0715690500 |
| • TH ROHRI | 0333 7128627 |

Khairpur

- | | |
|---------------------------|-------------|
| • Ranipur | 03347382264 |
| • Thari Mir Wah | 03333960839 |
| • Taluka Hospital Kotdeji | 03013582910 |

Shikarpur

- | | |
|--------------------------|-------------|
| • 9. R.H.C. Sultan Kot | 03337577008 |
| • 30. R.H.C. Khanpur | 03003131100 |
| • 32. R.H.C. Garhi Yasin | 03453945330 |

Jacobabad

- | | |
|----------------------------|-------------|
| • CIVIL Hospital Jacobabad | 03337341698 |
| • Taluka Hospital Thul | 03335765590 |
| • RHC Garhi Hassan | 03003174277 |

Larkana

- | | |
|------------------------|-------------|
| • T.H.Dokri | 03337517256 |
| • CMC Hospital Larkana | 03337533685 |
| • Ratodero | 03453852452 |



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Where can I get tested?

Islamabad	National Institute of Health Park Road, Chak Shahzad, Islamabad
Karachi	Agha Khan University Hospital, Stadium Road, Karachi, Sindh
Hyderabad	Liaquat University of Medical and Health Sciences (LUMHS), Liberty Market Roundabout, Liaquat University Hospital, Hyderabad
Khairpur	Gambat Institute of Medical Sciences, Gambat, Khairpur, Sindh
Peshawar	Hayatabad Medical Complex Phase-4 Phase 4 Hayatabad, Peshawar, Khyber Pakhtunkhwa.
Mardan	Chughtai Lab Mardan point, near Allied Bank, Shamsi Road, Mardan, KP
Haripur	Excel Labs, TMA Plaza Shop No. 6, Near Girls Degree College Circular Road Haripur, KP
Lahore	Shaukat Khanum Memorial Hospital, 7A Block R-3 M.A. Johar Town, Lahore, Punjab
Multan	Nishtar Hospital Nishtar Road, Justice Hamid Colony, Multan
Rawalpindi	Armed Forces Institute of Pathology, Range Road, CMH Complex, Rawalpindi, Punjab
Quetta	Fatima Jinnah Hospital Bahadurabad, Wahdat Colony, Quetta
Muzaffarabad	Abbas Institute of Medical Sciences (AIMS), Ambore, Muzaffarabad, Azad Kashmir
Gilgit	District Headquarters Hospital, Hospital Road, Gilgit, GB

For more cities visit the [COVID-19 Health Advisory Platform](#)



You can reach us at **+92-333-5873268** on **WhatsApp** to share any **COVID-19 related** rumors, myths, and misinformation that is being spread around your community. Through our Coronavirus CivActs Campaign weekly bulletins, we will **debunk these rumors** and disseminate **validated information**.



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