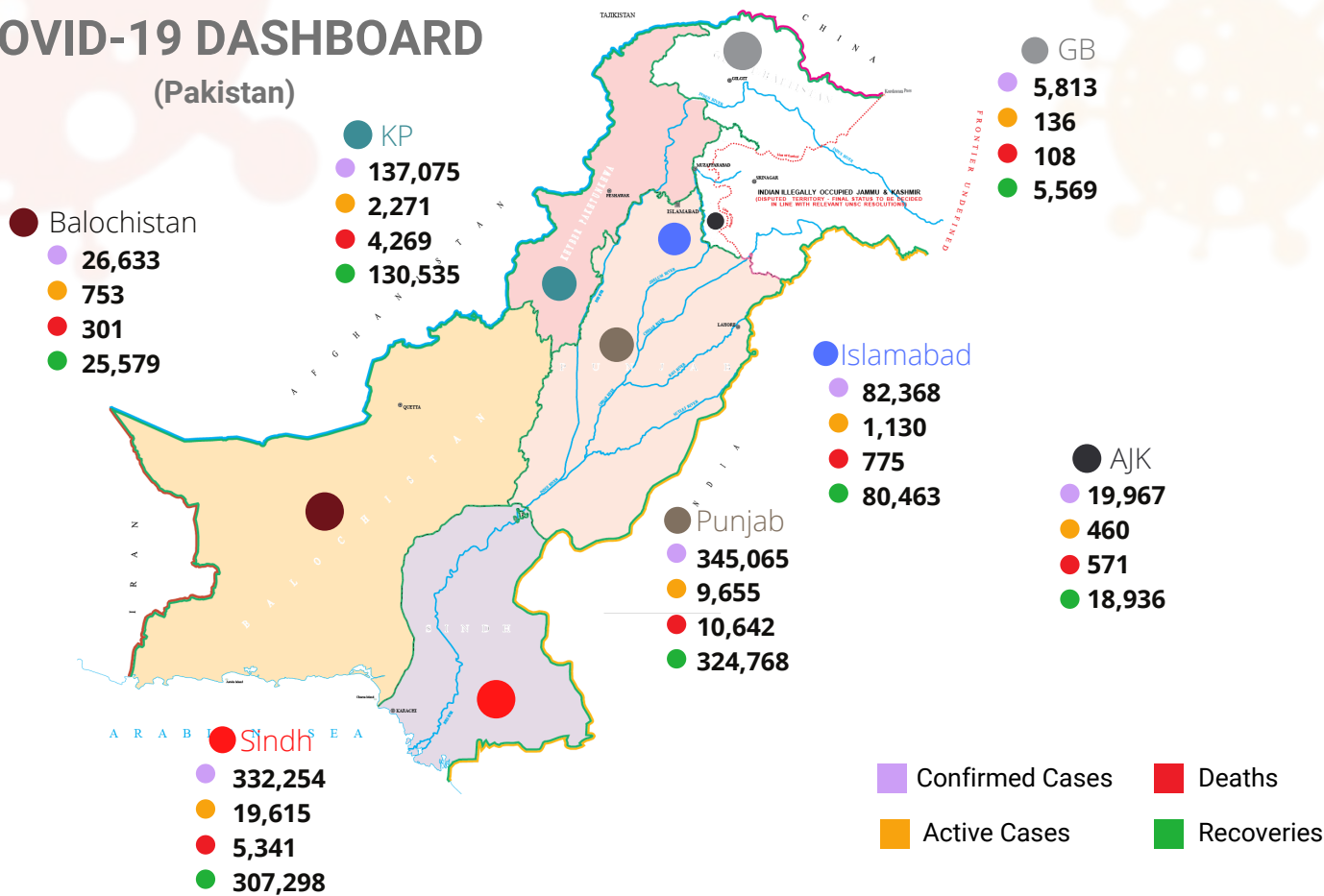


Situations like the coronavirus pandemic quickly become a catalyst for social conflict due to misinformation, rumors, and fake news, as observed in previous national catastrophes in Pakistan. As reports emerge on false information being used to manipulate response efforts, which is leading to behaviors that are undermining community cohesion, the SCRC bulletin is thus a resource from the Lab to the citizens, to help play an active role in supporting our communities.

The Accountability Lab Pakistan (ALP), with the financial support from the European Union and technical support from The Asia Foundation (TAF) Pakistan, has officially launched the Coronavirus CivActs Campaign (CCC). This campaign debunks rumours, conducts fact-checking, synthesizes data, and produces weekly bulletins on said information. This includes important government decisions, community feedback and concerns, and other questions from the ground around health and other issues. The goal is to encourage awareness among the most vulnerable groups in Pakistan (including but not limited to ethnic and religious minorities, transgender persons, persons with disabilities) and other marginalized communities with a focus on regions in Khyber Pakhtunkhwa and Sindh. There are written translations for Urdu and Sindhi, with audio transcriptions in Pashto. The bulletins are shared with stakeholders ranging from the general public, to government leaders, to humanitarian networks via online and offline means.

COVID-19 DASHBOARD (Pakistan)



Confirmed Cases

949,175

Active Cases

34,020

Deaths

22,007

Recoveries

893,148



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Vaccination Statistics

Partially Vaccinated

6,945,344

LAST 24 HOURS: 148,737



Fully Vaccinated

3,457,578

LAST 24 HOURS: 78,130



Total Doses Administered

12,977,740

LAST 24 HOURS: 226,867



Myths vs Facts



The mRNA, also known as Messenger RNA technology that has been used in some COVID vaccines is neither new nor unstable. The technological method itself has been under work for over two decades and has been successful thus far. It has previously been used to produce vaccines for Flu, Rabies and other diseases. At the time of COVID, the technology was simply reapplied using relevant information needed of the Coronavirus, in order to produce the safe and effective vaccines. There is no comparison between the traditional vaccine development methods and the mRNA technology, as they both produce a product that delivers the same result, which is giving immunity to the vaccinated individual.

Natural immunity is the protection the body creates against a disease, after being infected with it and fighting it off. In order to have this immunity, an individual must be exposed to, infected with and later recover from the disease. In the case of the Coronavirus and other serious illnesses, this is a risky method of gaining protection. Because of this, vaccines are created to provide immunity against diseases without the need of people endangering themselves. Where in some cases natural immunity against a disease may be stronger, in other cases immunity through vaccination is stronger and lasts longer. In the case of the Coronavirus, it is a safer option to get vaccinated, rather than waiting to be infected and going through a painful, at times long, recovery with lasting after-effects.

Source: Hopkins Medicine

Source: Health Navigator

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Sindh to hold salaries of employees refusing vaccination.

As the situation of COVID in Sindh is slowly coming under control, the Sindh government is taking measures to ensure that they reach their desired goal of lowering COVID cases all over the province. In the recent steps that they have taken, PM Imran Khan has been asked for an extension of the lockdown in the province for one more week and additions have been made to their vaccination plan. 300 basic health units have been engaged with the task of vaccination and more mobile vaccination teams have been deployed, with the announcement that vaccination is mandatory for citizens. With higher daily targets of vaccination for each type of health institute administering vaccines, the Sindh government wants to ensure that a maximum number of citizens receive their COVID shot. With this aim in mind, the Chief Minister of Sindh, Murad Ali Shah has also announced that from July onwards government employees who have not been vaccinated will not be paid their salaries.

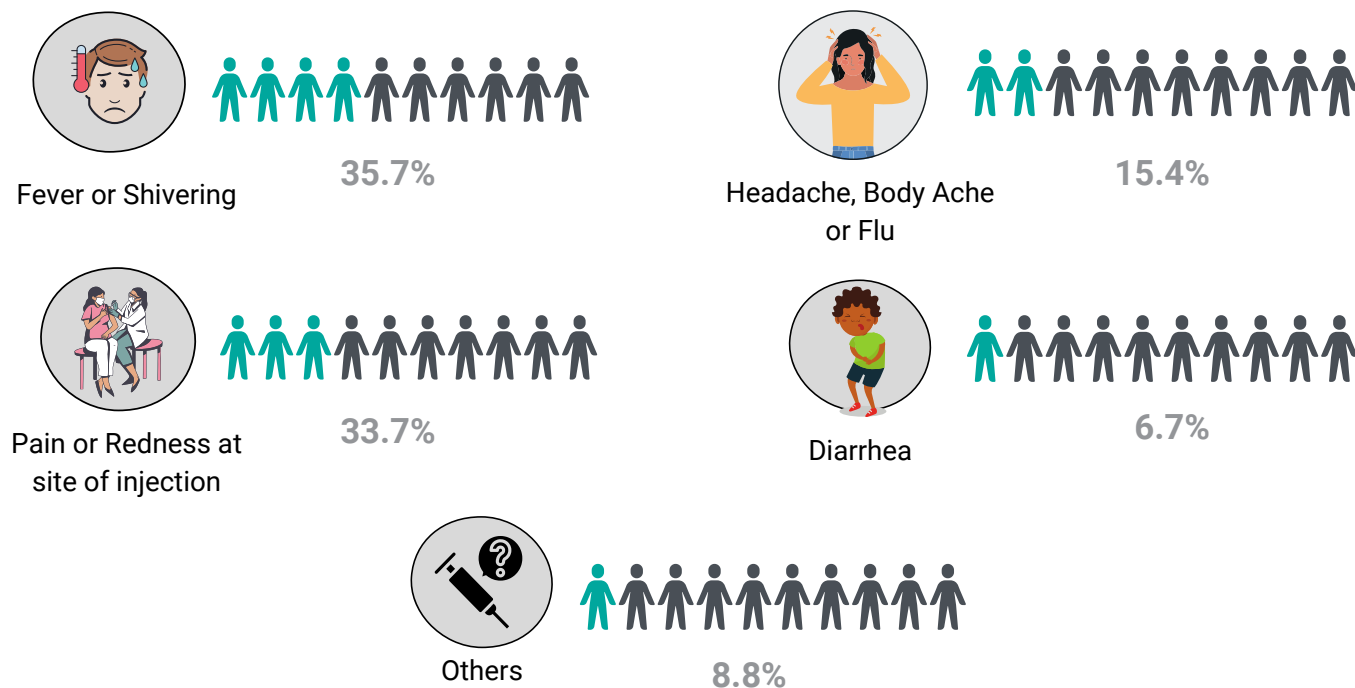
(Source: Geo News).

Highest rate of vaccination recorded in Chitral, KP.

In the reports received by the KP government to keep a check on the vaccination of citizens, it has been stated that both Upper and Lower chitral stand as the top two districts, respectively, in terms of vaccination. Both areas have almost a 50% population above 18 years of age and Upper Chitral has 30% while Lower Chitral has 15% of this population vaccinated. Both districts also have the highest number of completely vaccinated citizens, meaning those who have received both doses of the vaccine. As a result of this, it has been observed that there is now a lower amount of inflow for hospitalization of COVID patients, as well as a decreased number of daily cases recorded in these areas. If other districts follow suit, KP will reach the goal of having the maximum number of people vaccinated before the start of 2022.

(Source: Dawn)

Known Side-Effects after vaccination



Source: Govt of Pakistan



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Introduction to the Vaccine

Pfizer, scientifically named BNT162b2, is German/US joint-made mRNA vaccine. It was developed by two companies, Pfizer which is a German-American company based in the US and BioNTech which is a German company based in Germany. It is recommended for individuals aged 12 and above, and is given through 2 doses administered 21 days apart. The effectiveness of the vaccine against death caused by COVID stands at 80% after the first dose and 97% after the second. Additionally, it had trials run with people of varying ages, gender, races, ethnicity demographics, and with different underlying health conditions. At this point in time, roughly 44 different countries across the globe are inoculating their citizens with the Pfizer vaccine, including the US, the UK, Canada, Singapore etc. The known side-effects of the vaccine are similar to those of other COVID vaccines, these side-effects include: pain, redness and swelling in the arm, with tiredness, headache, muscle pain, chills, Fever and Nausea throughout the rest of the body.

The Pakistani government has begun inoculating citizens with extremely compromised immunity with the Pfizer vaccine across Pakistan. In the capital, the vaccine is solely available at the F-9 mass vaccination center and registration requires individuals to bring their medical records with the latest lab reports, with a photocopy of their record and their CNIC.

The vaccine will be administered to individuals who have or have had:

- solid organ transplant,
- Hematopoietic stem cell transplant,
- Primary immune deficiency diseases,
- Immunosuppression/chemotherapy,
- Radical radiotherapy,
- Treatment with systemic steroids,
- History of hematological malignancy leukemia/lymphoma/myeloma,
- Asplenia,
- Chronic respiratory Diseases,
- Chronic heart and vascular disease
- Chronic kidney disease
- Chronic liver disease
- Down Syndrome, multiple sclerosis, Parkinson's disease, motor neuron disease or severe neurological disability.



(Source: CDC / NHSRC, ICT).

Pakistan's Plan for vaccination.

Pakistan has officially reached its 10 million vaccine shot mark, in June 2021. It reached the milestone of 1 million shots, mostly pertaining to healthcare workers in April after starting the process in February 2021. Experts suggest that if Pakistan keeps its progress steady, as it has done after its slow start, and reaches the 70 million mark within the year of 2021 then there is a significant burden that will be lifted off of its shoulders. With about 125 million citizens being eligible for vaccination this year, with ages 18 and above, there will be a significant amount of ground that will be covered. However, the main problem that can arise in-between seems to be out of the hands of Pakistani authorities. A shortage of vaccine supplies will be the main hurdle that Pakistan must overcome in this process, as already through the UN-COVAX channel we have only received 1.3 of the 45 million doses promised. Additionally, Amnesty International has put forward the fear of richer countries taking advantage, and leaving other countries behind in the race to end the pandemic through the vaccine distribution inequality.

(Source: Gulf News).



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Vaccination Process in Pakistan



Registration - SMS your CNIC no to **1166** from any mobile no or visit **nims.nadra.gov.pk**

Find the **Vaccination** centre



Request another vaccination centre if needed

Receive an **Appointment**



Visit the **Vaccination** Centre

CNIC and **PIN** code verification



Get **Vaccinated**

For Citizens (aged 30+) -Registration has started from 16th May. Vaccination centre and date will be communicated through SMS once vaccine administration will start for your age group.

For Citizens (aged 19 - 29) -Registration has started from 27th May. The vaccination center and date will be communicated through SMS once vaccine administration will start for your age group.



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Major vaccination centers in KP and Sindh

KP

Peshawar

• RHC Regi	03335042588
• MCHC Mattani	03459146891
• Public Health School	03339611020

Charsadda

• BHU Muhammad Nari	03045270647
• DHQ Charsadda	03339015031
• RHC Battagram	03149160346

Mardan

• DHQ Hospital Mardan	03005921350
• Mardan Medical Complex	0333929881
• THQ Takht Bhai	03339191353

Swabi

• BHU Jhanda	03005921350
• BHU Kotha	0333929881
• CH Kalu Khan	03339191353

Haripur

• CD Kot Najibullah	03059349975
• Civil Hospital KTS	03330928292
• DHQ Hospital Haripur	03155046070

Sindh

Sukkur

• IHS Hospital Labour Flats	0715811532
• TH PANO AKIL	0715690500
• TH ROHRI	0333 7128627

Khairpur

• Ranipur	03347382264
• Thari Mir Wah	03333960839
• Taluka Hospital Kotdeji	03013582910

Shikarpur

• 9. R.H.C. Sultan Kot	03337577008
• 30. R.H.C. Khanpur	03003131100
• 32. R.H.C. Garhi Yasin	03453945330

Jacobabad

• CIVIL Hospital Jacobabad	03337341698
• Taluka Hospital Thul	03335765590
• RHC Garhi Hassan	03003174277

Larkana

• T.H.Dokri	03337517256
• CMC Hospital Larkana	03337533685
• Ratodero	03453852452

Where can I get tested?

Islamabad	National Institute of Health Park Road, Chak Shahzad, Islamabad
Karachi	Agha Khan University Hospital, Stadium Road, Karachi, Sindh
Hyderabad	Liaquat University of Medical and Health Sciences (LUMHS), Liberty Market Roundabout, Liaquat University Hospital, Hyderabad
Khairpur	Gambat Institute of Medical Sciences, Gambat, Khairpur, Sindh
Peshawar	Hayatabad Medical Complex Phase-4 Phase 4 Hayatabad, Peshawar, Khyber Pakhtunkhwa.
Mardan	Chughtai Lab Mardan point, near Allied Bank, Shamsi Road, Mardan, KP
Haripur	Excel Labs, TMA Plaza Shop No. 6, Near Girls Degree College Circular Road Haripur, KP
Lahore	Shaukat Khanum Memorial Hospital, 7A Block R-3 M.A. Johar Town, Lahore, Punjab
Multan	Nishtar Hospital Nishtar Road, Justice Hamid Colony, Multan
Rawalpindi	Armed Forces Institute of Pathology, Range Road, CMH Complex, Rawalpindi, Punjab
Quetta	Fatima Jinnah Hospital Bahadurabad, Wahdat Colony, Quetta
Muzaffarabad	Abbas Institute of Medical Sciences (AIMS), Ambore, Muzaffarabad, Azad Kashmir
Gilgit	District Headquarters Hospital, Hospital Road, Gilgit, GB

For more cities visit the [COVID-19 Health Advisory Platform](#)



You can reach us at **+92-333-5873268** on **WhatsApp** to share any **COVID-19 related** rumors, myths, and misinformation that is being spread around your community. Through our Coronavirus CivActs Campaign weekly bulletins, we will **debunk these rumors** and disseminate **validated information**.



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