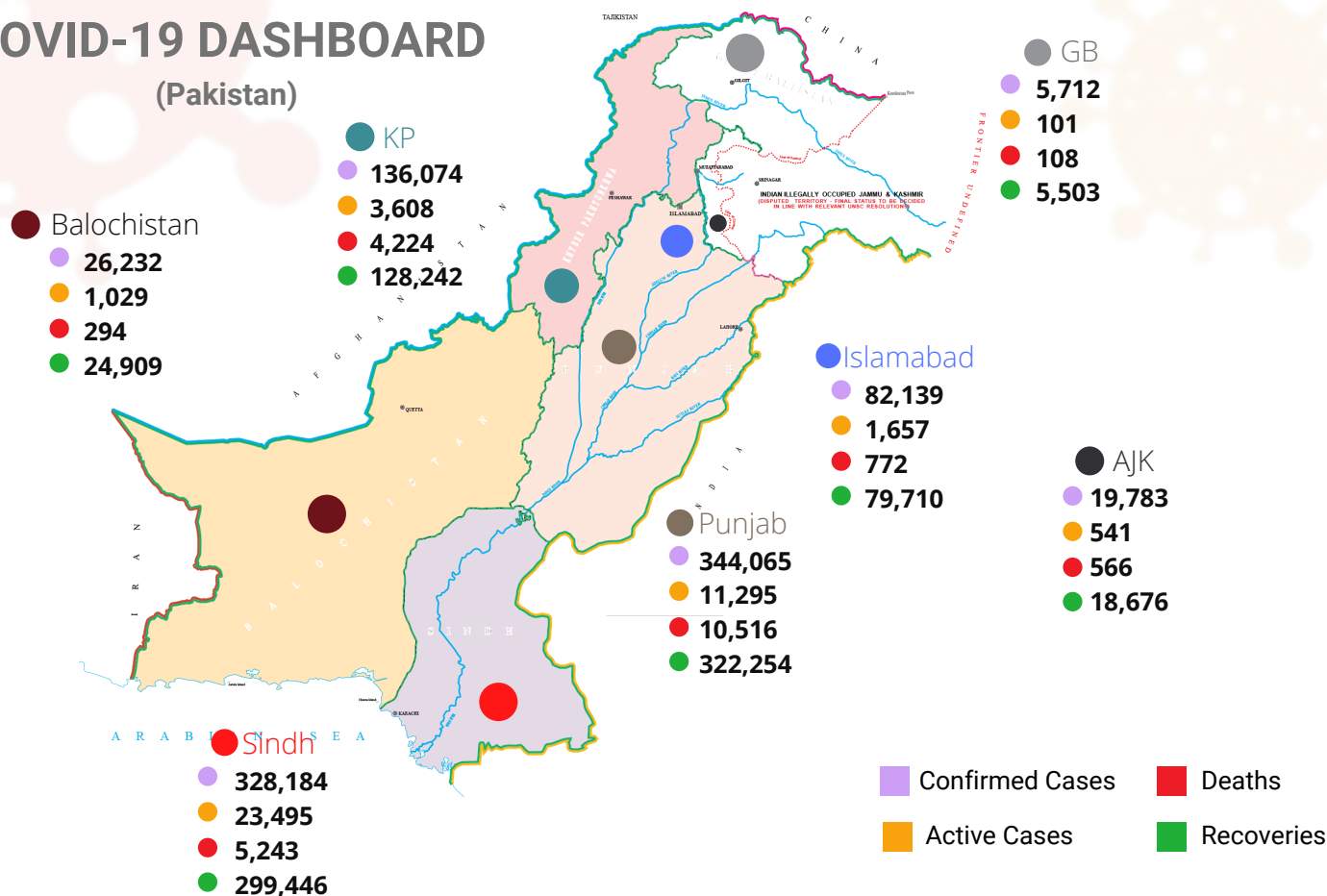


Situations like the coronavirus pandemic quickly become a catalyst for social conflict due to misinformation, rumors, and fake news, as observed in previous national catastrophes in Pakistan. As reports emerge on false information being used to manipulate response efforts, which is leading to behaviors that are undermining community cohesion, the SCRC bulletin is thus a resource from the Lab to the citizens, to help play an active role in supporting our communities.

With that in mind, The Accountability Lab Pakistan (ALP), with the financial support from the European Union and technical support from The Asia Foundation (TAF) Pakistan, has officially launched the Coronavirus CivActs Campaign (CCC). This campaign debunks rumours, conducts regular fact-checking, synthesizes data, and convenes virtual forums to produce weekly informative bulletins. The information includes important government decisions, community feedback, debunked rumours with verified information, valid concerns, and other questions from the ground around health and other issues. The goal is to encourage awareness among the most vulnerable groups in Pakistan (including but not limited to ethnic and religious minorities, returning migrants, transgender persons, persons with disabilities) and other marginalized communities with a focus on regions in Khyber Pakhtunkhwa and Sindh. These bulletins are translated into Urdu and Sindhi, with audio transcriptions in Pashto. They are shared with all stakeholders, ranging from the public, to government leaders, to humanitarian networks via online and offline means.

## COVID-19 DASHBOARD (Pakistan)



Confirmed Cases

942,189



Active Cases

41,726



Deaths

21,723



Recoveries

878,740



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## Vaccination Statistics

Partially Vaccinated

**5,439,101**

LAST 24 HOURS: 189,320



Fully Vaccinated

**2,883,959**

LAST 24 HOURS: 10,744



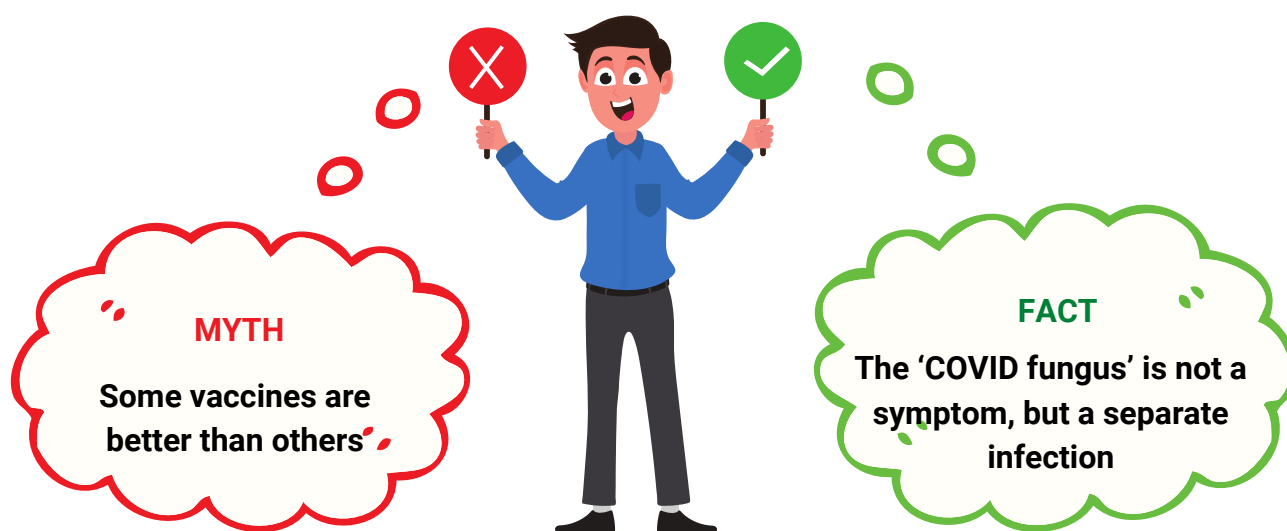
Total Doses Administered

**10,696,402**

LAST 24 HOURS: 200,064



## Myths vs Facts



Over time as new vaccines have been introduced and the vaccination process has caught speed, people have begun to develop certain biases against some makes of vaccines while favouring others. All vaccines perform the same tasks, the differences may be in some of their ingredients and the percentage of their effectiveness against the virus. If you are allergic to ingredients from a vaccine or some have one shot rather than two, then the preference is fair. However, there is no truth in claims such as: the chinese vaccines are ineffective, only vaccines made in the US are the best and comments of such nature.

The 'black fungus' that has been seen in India's coronavirus cases, is not a symptom of COVID itself. 'Mucormycosis', is the fungal disease which causes tissue necrosis that gives the skin a dark colour, hence its common name 'black fungus'. While Fungi do not thrive on the human body and can be treated easily, COVID patients who are diabetic can not be treated for this disease. This is because their immunity is extremely low and the body cannot fight off the novel coronavirus and mucormycosis at the same time. The reason India had such high stats for this combination of diseases, is because it has the population with both, the highest number of diabetes patients worldwide and a 70% higher chance of being infected with mucormycosis.

Source: [MedicalNewsToday](#)



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## Sindh sees ease of restrictions as COVID cases fall

After months of strict restrictions throughout Sindh, due to the sizable number of cases that were recorded in the third wave, the government has finally decided to relax a few of their rules. As the positivity ratio fell below 10%, it was announced that timings for commercial activity have been extended from 6PM to 8PM, with outdoor dining allowed till Midnight. Additionally, all shopkeepers, staff and other personnel are to be vaccinated and will have random vaccination checks by the authorities. Schools will be opened for older classes and all school staff are to be vaccinated. Among other updates, marriage halls and outdoor weddings will also be allowed after two weeks.

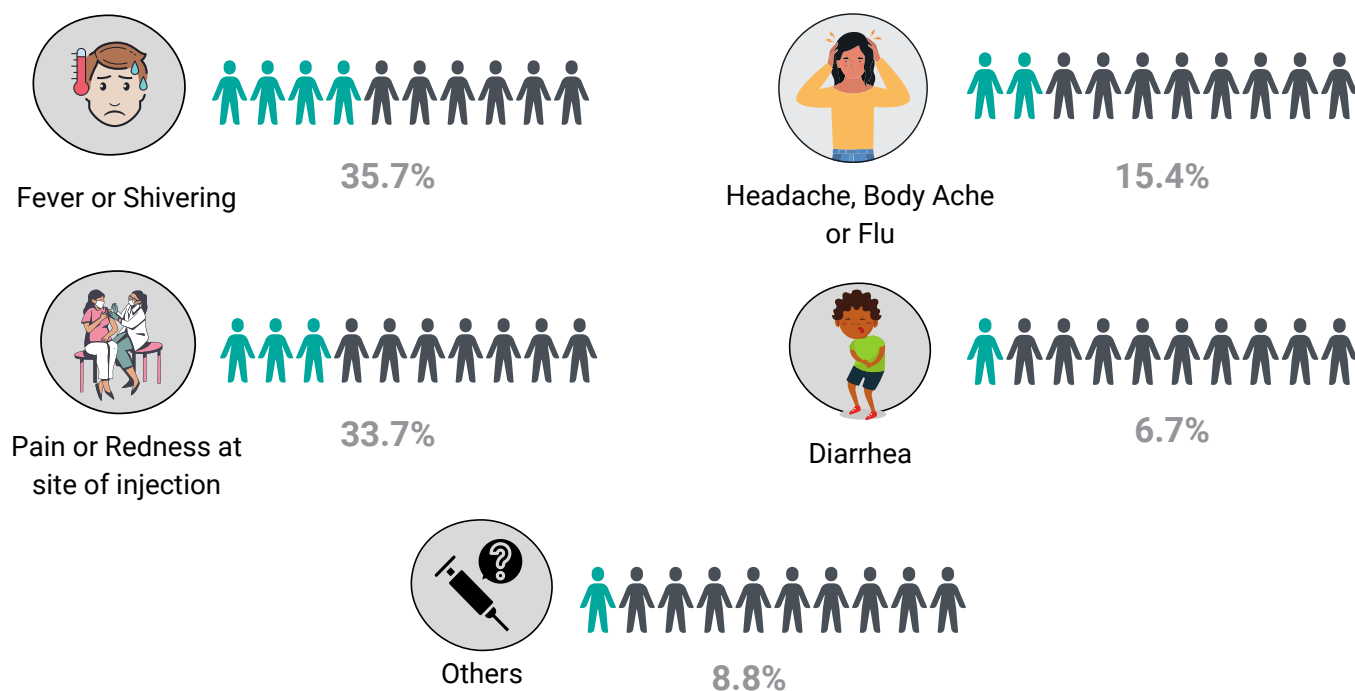
(Source: TheNews).

## Indian and South African variants detected in KP

While the province of KP experienced an overall fall in COVID cases, it has been confirmed that there are cases of the Indian and South African variants. The 3 patients have returned from Dubai, from which one is infected with the Delta strain (the new name for the Indian strain coined by WHO) and the other two with the SA variant. It has been noted that the first case of the delta variant was also an individual who had returned to Pakistan from one of the Gulf countries. As these variants travel faster than the one present in Pakistan, everyone is advised to strictly follow SOPs and register themselves for vaccination. Additionally, those travelling to and from Pakistan are advised to strictly follow precautionary measures and post-arrival regulations such as quarantining, getting PCR tests etc.

(Source: Dawn)

### Known Side-Effects after vaccination



Source: Govt of Pakistan



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## COVID-19 UPDATES



## National cases recorded fall below 50,000

The third wave appears to be easing its hold on Pakistan, as for the first time since late March 2021, less than 50,000 positive cases have been recorded. This news comes amidst other hopeful updates such as Pakistan's positivity ratio falling below 5% and the population passing the 1 million mark for fully vaccinated individuals. Among the provinces, Sindh was hit the worst and was also where the first case of the delta variant (Indian variant) was recorded. Punjab came in second with the highest number of cases in 6 figures, followed by KP. All other areas reported 5 figures and a significantly lower number of cases comparatively. The number of deaths have fallen from 3 figures to two and seem to be at a steady decrease, compared to mid-April when the third wave had peaked.

(Source: TheNews).

## US donates supplies to Pakistan for tackling COVID

USAID has helped in providing Pakistan with supplies needed to help curb the effects of the pandemic. The airlifted load includes medical paraphernalia such as personal protective equipment, pulse oximeters etc and will be accompanied by technical support for their use and maintenance. The USAID is currently working with 120 countries, including Pakistan, to help ease their struggle in tackling COVID and strengthening their healthcare systems with emergency medical aid and other forms of assistance. The USAID has also contributed to COVAX, which is the channel through which Pakistan has received its Oxford-AstraZeneca and Pfizer vaccine doses.

(Source: Tribune)



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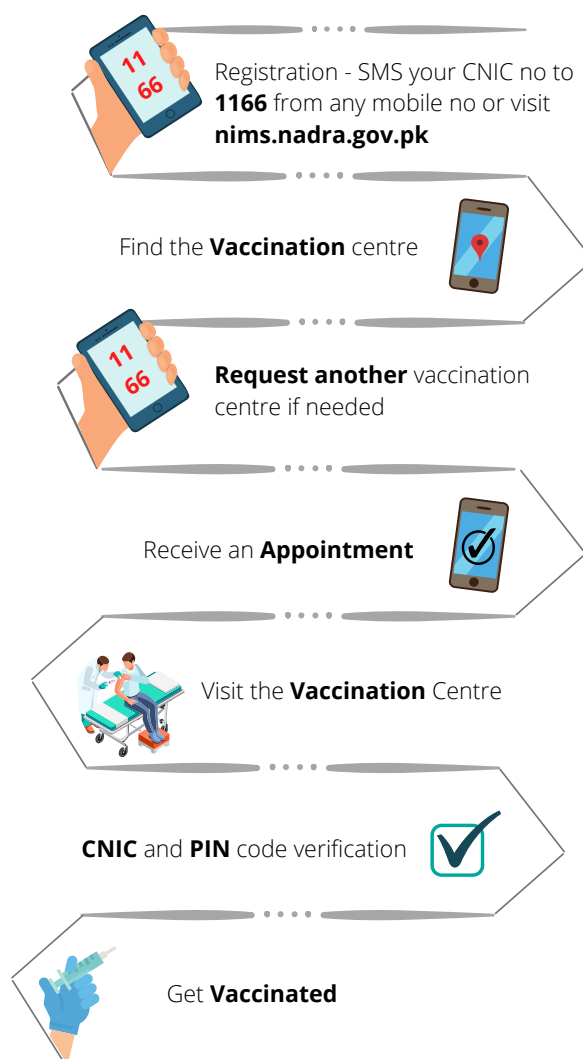
# Registration Process for COVID-19 Vaccination

**Citizens (40+) -** Register yourself and just walk-in to the nearest centre for vaccination.

**Citizens (30-39) -** Registration has started from 16th May. Vaccination centre and date will be communicated through SMS once vaccine administration will start for your age group.

**Citizens (19 - 29) -** Registration has started from 27th May. The vaccination center and date will be communicated through SMS once vaccine administration will start for your age group.

**Registered HCWs -** Vaccination centre and date will be communicated through SMS to registered HCWs as per schedule. Visit [covid.gov.pk/vaccine](https://covid.gov.pk/vaccine) to register.



## Vaccination for Pakistani travellers:

Both Pakistanis (18+) working abroad or studying abroad with valid Visas or Iqama can get walk-in vaccinations.

1. Visit any CVC (Corona Vaccination Center) and show passport, visas (Either work or study, whatever applies) or Iqama proof to CVC staff.
2. CVC staff will check passports, visas (Either work or study, whatever applies) or Iqama, make data entry and administer vaccines.
3. Entry will be made into NIMS by CVC staff. In case of any problem due to age, connectivity or tech issue, data will be maintained manually and will be passed on to NCOC as per procedure. Later on the data will be entered by provinces in NIMS.
4. Certificate for vaccination will be issued from NADRA website or NADRA office as per standard procedure.

## Major vaccination centers in KP and Sindh

### KP

#### Peshawar

• RHC Regi	03335042588
• MCHC Mattani	03459146891
• Public Health School	03339611020

#### Charsadda

• BHU Muhammad Nari	03045270647
• DHQ Charsadda	03339015031
• RHC Battagram	03149160346

#### Mardan

• DHQ Hospital Mardan	03005921350
• Mardan Medical Complex	0333929881
• THQ Takht Bhai	03339191353

#### Swabi

• BHU Jhanda	03005921350
• BHU Kotha	0333929881
• CH Kalu Khan	03339191353

#### Haripur

• CD Kot Najibullah	03059349975
• Civil Hospital KTS	03330928292
• DHQ Hospital Haripur	03155046070

### Sindh

#### Sukkur

• IHS Hospital Labour Flats	0715811532
• TH PANO AKIL	0715690500
• TH ROHRI	0333 7128627

#### Khairpur

• Ranipur	03347382264
• Thari Mir Wah	03333960839
• Taluka Hospital Kotdeji	03013582910

#### Shikarpur

• 9. R.H.C. Sultan Kot	03337577008
• 30. R.H.C. Khanpur	03003131100
• 32. R.H.C. Garhi Yasin	03453945330

#### Jacobabad

• CIVIL Hospital Jacobabad	03337341698
• Taluka Hospital Thul	03335765590
• RHC Garhi Hassan	03003174277

#### Larkana

• T.H.Dokri	03337517256
• CMC Hospital Larkana	03337533685
• Ratodero	03453852452

## Where can I get tested?

<b>Islamabad</b>	<b>National Institute of Health</b> Park Road, Chak Shahzad, Islamabad
<b>Karachi</b>	<b>Agha Khan University Hospital,</b> Stadium Road, Karachi, Sindh
<b>Hyderabad</b>	<b>Liaquat University of Medical and Health Sciences (LUMHS),</b> Liberty Market Roundabout, Liaquat University Hospital, Hyderabad
<b>Khairpur</b>	<b>Gambat Institute of Medical Sciences,</b> Gambat, Khairpur, Sindh
<b>Peshawar</b>	<b>Hayatabad Medical Complex</b> Phase-4 Phase 4 Hayatabad, Peshawar, Khyber Pakhtunkhwa.
<b>Mardan</b>	<b>Chughtai Lab</b> Mardan point, near Allied Bank, Shamsi Road, Mardan, KP
<b>Haripur</b>	<b>Excel Labs,</b> TMA Plaza Shop No. 6, Near Girls Degree College Circular Road Haripur, KP
<b>Lahore</b>	<b>Shaukat Khanum Memorial Hospital,</b> 7A Block R-3 M.A. Johar Town, Lahore, Punjab
<b>Multan</b>	<b>Nishtar Hospital</b> Nishtar Road, Justice Hamid Colony, Multan
<b>Rawalpindi</b>	<b>Armed Forces Institute of Pathology,</b> Range Road, CMH Complex, Rawalpindi, Punjab
<b>Quetta</b>	<b>Fatima Jinnah Hospital</b> Bahadurabad, Wahdat Colony, Quetta
<b>Muzaffarabad</b>	<b>Abbas Institute of Medical Sciences (AIMS),</b> Ambore, Muzaffarabad, Azad Kashmir
<b>Gilgit</b>	<b>District Headquarters Hospital,</b> Hospital Road, Gilgit, GB

For more cities visit the [COVID-19 Health Advisory Platform](#)



You can reach us at **+92-333-5873268** on **WhatsApp** to share any **COVID-19 related** rumors, myths, and misinformation that is being spread around your community. Through our Coronavirus CivActs Campaign weekly bulletins, we will **debunk these rumors** and disseminate **validated information**.



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