

Nigeria Coronavirus CivActs Campaign

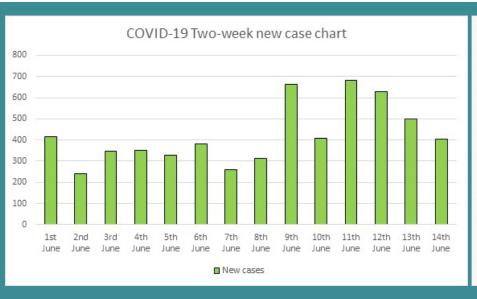
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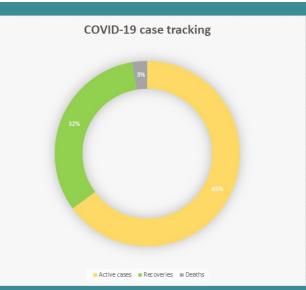
The coronavirus matter wey don dey cause wahala everywhere first enter Naija on 27 February and e start for Lagos state. The tin cause many many fake news wey make NCDC and Federal Ministry of Health dem begin try calm pipo down, try make the sickness no spread. All of us need join hand make sure say we knack this virus correct apako so make we dey talk only news wey we don confam say na true; and make we dey do the ones wey go make the virus fear to near our domot.

The Coronavirus CivActs Campaign (CCC) dey gather different rumour and tori wey Naija pipo dey talk for different states make we help ordinary pipo understand wetin dey happen; so that beta information go dey flow well well for government, media, NGO and even the citizens dem. Once we talk the real gbege of wetin dey happen, all dem fake news go stop to dey spread before they cause more wahala for our country pipo. You know say no be all of us get the same language and no be everybody sabi this English well well so we need this CCC make everybody understand wetin dey happen so that we go finally throway this bad sickness comot for our country.

Coronavirus na serious threat to Naija pipo -- wey be over 180 million - because the healthcare system weak, the pipo dey very poor, the living conditions no good and the Government too dey corrupt. Economic and insecurity conditions for Naija dey bad before this coronavirus kasala burst, and Naija dey already score fail for health parameters; pipo too dey die and life expectancy dey poor. When and if coronavirus enter communities wey get high population for Naija, kasala go burst.

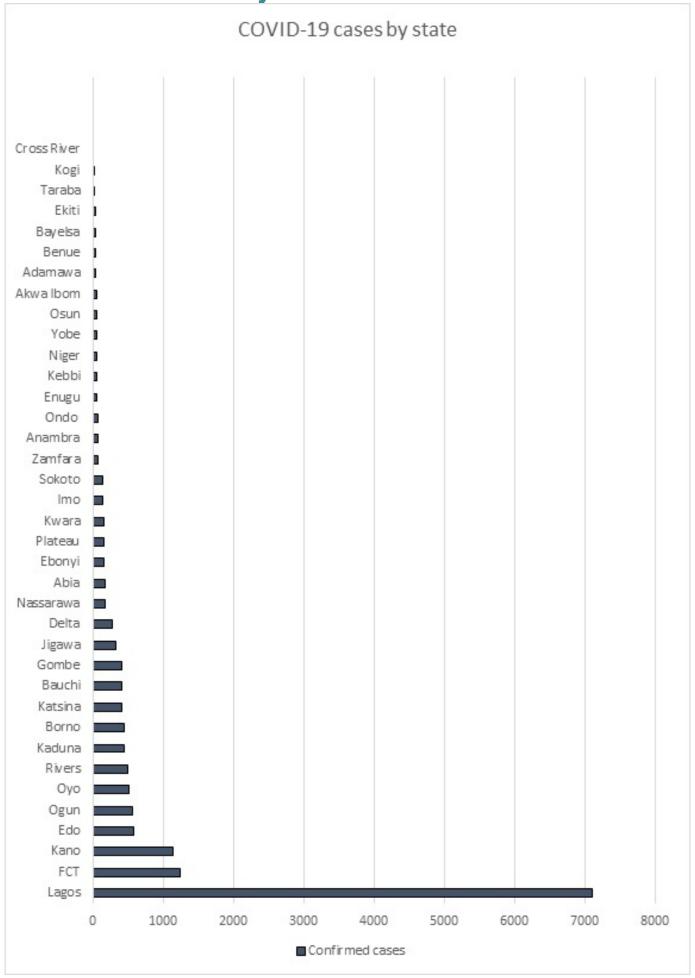
E dey important make Naija handle this pandemic in a way wey dey progressive and transparent, to ensure the well-being of citizens, build resilience and prevent any social conflict wey fit happen sharp sharp. This na huge challenge for Naija, but na also opportunity to renovate public health systems, improve relationship between Naija pipo and those who dey in power, and improve governance.







COVID-19 cases by state



YEYE TORI



VS 💾



TRUE TORI

COVID-19 na one serious type of malaria wey dey move from person to person

Even though coronavirus get symptoms wey resemble malaria, like fever and headaches, na different tin dey cause the two sickness. Virus dey cause COVID-19 but e no dey cause malaria.

E get new type of malaria wey go make person no perceive anytin or taste food.

If you no fit smell anything or you notice say all your food don lose taste, na symptom of COVID-19. The advice be say make you go isolate and call NCDC if you no fit smell or taste anytin. E no get any type of Malaria wey dey cause that kind tin.

COVID-19 fit spread through food

Chances dey low say coronavirus fit spread through food or food packaging. COVID-19 na lung infection and the major way e dey take spread na from person to person and through cough water of infected person wey sneeze or cough. Coronavirus no fit multiply for food.

Mosquito bite fit spread COVID-19

WHO don talk say e no get any evidence say coronavirus fit spread through mosquito. CDC too don support say no be true.

Too much using of hospital mask fit cause breathing problem.

Even though too much using of hospital mask no dey comfortable, e no dey cause breathing problem. If you dey wear hospital mask, e dey important make e fit you well so you go fit breathe normal.



COVID-19 advice for Pregnant women and mothers wey dey breastfeed

Pregnant women fit contract COVID-19 just like other pipo. But because say pregnancy dey cause changes for woman body, the risk of sickness dey higher if she come catch any lung infection. So e dey important make pregnant women dey careful make they no catch this COVID-19 wey we dey talk so.

Pregnant women and women wey dey breastfeed fit protect themselves and their pikin from COVID-19 if they take these actions so:

- 1. Use elbow or tissue cover your nose and mouth when you dey cough or sneeze (throway the tissue into dustbin once you use am)
- 2. No near pipo wey dey sick or wey don dey exposed to the virus
- 3. Keep space of at least 2 metres between yourself and other pipo. Na WHO standard be dat.
- 4. If you no fit keep space between yourself and other pipo make you wear face mask
- 5. Dey use soap and water wash your hand or use hand sanitizer wey get alcohol for inside
- 6. Dey clean surfaces wey pipo dey touch with disinfectant everyday
- 7. If you fit dey house throughout the pregnancy do am, except say you wan go ante-natal for hospital
- 8. Eat good and healthy food
- 9. May sure say you dey rest well

In case you get belle and you dey suspect say you don get coronavirus, or they don confirm am already and you get fever and cough; na the things wey you suppose dey do be dis:

- 1. No go hospital unless you don call your doctor and NCDC number 080097000010. Dey your house for 14 days if you fit.
- 2. Call your hospital and tell them if you get symptoms wey resemble coronavirus, especially if you get any appointment wey dey close.
- 3. Your hospital suppose postpone any antenatal appointment wey you get until you don isolate finish. They need arrange special time for you to come.

Scientists never know for sure if COVID-19 fit use breastmilk infect pikin, but they never see the virus for inside breastmilk vet.

If you suspect or don confirm say you get COVID-19 and you still wan breastfeed, e get some tins wey you need do:

- 1. Maintain proper hygiene and wash hand everytime before you feed your pikin
- 2. Wear facemask
- 3. Anoda option na to use breast pump or use hand massage the breastmilk comot, make person wey no sick feed your pikin. If you dey comot the milk, make sure say you wash hand before you do am.

CORONAVIRUS MATA AS E DEY FOR NAIJA TODAY - 23/06/2020

20,919

525

7,109

115,760

CONFIRMED CASES

DEATHS

RECOVERED

TESTED

